



Reviving HERITAGE VARIETIES  
.....NATURALLY

# The Lost Seed

Rare & Heirloom Seeds, Ancient Cultures and more.....

## VEGETABLE SEED

**2018**

ph: (02) 6493 0486

PO Box 3092  
BEMBOKA  
NSW 2550

fax: 02 6493 0286  
thelostseed@mail.com

[www.thelostseed.com.au](http://www.thelostseed.com.au)



*The heritage of the past is the seed that brings forth the harvest of the future."*

*Inscribed on the National Archives Building, Washington DC*

# ALL SEED PACKETS

## \$3.50 (INCL. GST)



### OUR SEED:

All of our seed is:

**Non-Hybrid** Hybrid seed is the result of cross-pollinating two or more different types of a variety to produce another. If seed is saved & planted from this hybrid plant, either (1) the seed will not germinate or (2) the germinated seed will not grow true-to-type. We choose to AVOID hybrid varieties.

**Open-Pollinated** All of our seed comes from open-pollinated varieties. This means that they will remain true-to-type, producing the same type of plant year after year, provided cross pollination does not occur. If you wish to save your own seed, be sure to follow seed saving guidelines, ensuring correct distancing requirements etc.

**Non-GMO** We do not buy, sell, grow or support the growth of GMO seed.

**Chemical Free\*** We choose NOT to coat our seed with artificial chemicals, choosing rather to present it to you in the most natural form possible. Also, where possible, we choose seed which is organic or organically grown.

(\* Seed has not been coated with Thirim, Methyl Bromide or any other artificial coating)

**Germination Tested** Whether our seed is grown by ourselves, or it is produced by one of our carefully selected experienced seed growers, all of our seed is germination tested prior to release.

While the majority of our seed shows 95-100% germination, all will have at least 85% at time of packaging.

It is important to keep in mind that regardless of our test results, it is your climate, soil & planting practice that will have the final say for actual in-ground germination.

### NOTE:

Seed quantities listed are approx. & may be subject to change depending on batch.

Prices are subject to change without notice.

Catalogue current from 1 January 2018 to 31 December 2018.

Unless indicated otherwise on order form, if items are ordered but are currently out of stock, these items will either be substituted for a similar variety, or placed on backorder & forwarded to you as soon as possible, unless otherwise indicated.

It is the responsibility of the purchaser to ensure that all seed varieties ordered are permitted entry into their state according to their state's quarantine requirements, but please feel free to discuss this with us.

### QUARANTINE & SHIPPING

Please note that we are able to send seed to all states of Australia except Western Australia. If a particular variety is not permitted entry into a particular state, it will have the words \*\*\*NOT TO TAS\*\*\* (or similar) at the beginning of the description.

© COPYRIGHT 2018 - The entire contents of this publication is under copyright by The Lost Seed. Reproduction of any part for business purposes is not permitted without written permission. However, please feel free to make copies of the



### HOW TO ORDER:

You can place an order by.....

**POST/FAX:** Simply fill out the Order Form enclosed, and post with payment (payment may be made by cheque, money order, credit card or direct deposit) to:

**The Lost Seed  
PO Box 3092  
BEMBOKA  
NSW 2550**

Alternatively, fax your order to us at  
**fax: 02 6493 0486**

**ONLINE:** Visit our website at  
**www.thelostseed.com.au** and order online (payment may be made using your credit card via the secure Paypal system) or Bank Deposit.

**PHONE :** Call us on ph: **02 6493 0486** with your order (payment may be made using credit card)

We will then quickly process your order & despatch it to you by Australia Post. Alternatively our seeds may be purchased from a number of stores across Australia (please contact us for

# VEGETABLES

## ARTICHOKE

(*Cynara scolymus*) Perennial. Silver-green plant, 90-180cm tall. Produces edible flower buds (artichokes) in 1.5 years. Best steamed or stuffed. Harvest when young. May be used in garden as wind-break. Approx. 25-30 seeds / gram

### SOW WHEN

**Cool:** Mid Spring to Early Summer  
**Warm:** Mid Autumn to Late Spring  
**Tropical:** Late Summer to Late Spring

### COMPANIONS

In between artichoke bushes, plant shallow rooted crops such as lettuce.

**GREEN GLOBE** Heirloom first introduced in 1859. Silver-green plant, 90-180cm tall. Popular variety. Quick growing. 40 seeds

**PURPLE DE JESI** Heirloom. Similar to Green Globe with purplish-green heads. 50 seeds

## ASPARAGUS

(*Asparagus officinalis*) Approx. 50 seeds / gram. Harvest in approx. 2-3 years

### SOW WHEN

**Cool:** Early Spring to Late Spring  
**Warm:** Late Winter to Late Spring  
**Tropical:** Late Summer to Late Spring

### SOIL TEMP

15-30°C

### COMPANIONS

**LIKES:** Tomato, Parsley, Basil

**ARGENTEUIL** French heirloom. Large, purple-tipped, creamy white, very thick (up to 2cm across) spears with mild, sweet flavour. appear earlier in spring than other varieties. Ideally suited to blanching to produce white asparagus. Heat tolerant. 60 seeds

**MARY WASHINGTON** Heirloom. Perennial. Long, straight spears with tight tips. Popular variety. Continuous picking for 2-3 months. 150 seeds

## BEAN, BUSH

(*Phaseolus nanus*) Sow after frost. Approx. 5-10 seeds / gram

### SOW WHEN

**TEMP**  
**Cool:** Mid Spring to Mid Summer  
**Warm:** Early Spring to Late Summer  
**Tropical:** Late Summer to Mid Spring

### SOIL

15-30°C

### COMPANIONS

**LIKES:** Beetroot, Borage, Cabbage, Carrot, Cauliflower, Marigold, Squash, Strawberry, Corn, Tomato, Potato, Cucumber, Summer Savory **DISLIKES:** Chives, Fennel, Garlic, Leek, Onion, Gladiolus

**BLACK SOYBEAN** Heirloom first introduced in 1897 by Peter Henderson & Co. Long, slender, slightly curved green beans 12-15cm long with shiny, black seeds produced on bush to 45cm high. Excellent eating either as fresh green bean or as dried legume. Cold weather tolerant germinating well in cold soil, but also does well in most areas. High yields. Easy to grow. 53-70 days. 50 seeds

**BLACK VALENTINE** Heirloom first introduced in 1897 by Peter Henderson & Co. Long, slender, slightly curved green beans 12-15cm long with shiny, black seeds produced on bush to 45cm high. Excellent eating either as fresh green bean or as dried legume. Cold weather tolerant germinating well in cold soil, but also does well in most areas. High yields. Easy to grow. 53-70 days. 80 seeds

**CHEROKEE WAX** Also known as 'Valentine Wax'. Butter Bean. Vigorous, heavy producer, bright yellow, straight, flat pods to 18cm, black seed when mature. Stringless at all stages. Plant 40-45cm high. 120 seeds

**FLAGRANO** Popularly known as 'The Caviar of Beans'. French heirloom originating in the 1800's and considered a delicacy in Europe. Small, light green beans packed with flavour. 8-10 seeds each pod. Note: Pods are inedible with only the beans inside suitable for use. Harvest inner beans fresh for use like pea or broad bean, or leave to mature and use as a dried legume in soups, stews, patties etc. Dried beans cook to a dense and creamy texture which resist falling apart when cooked. 56-80 days. 120 seeds

**IDELIGHT** Also known as 'Gourmet Delight'. Green, round, stringless bean to 15cm in length. Produces over a long period. Disease resistant. 180 seeds

**PROVIDER** Originally introduced in 1965 by Dr. Hoffman of South Carolina. Compact bush producing abundant, stringless green beans 12-15cm length. Disease resistant. Excellent flavour. Early variety. 120 seeds

**RED KIDNEY** Dwarf variety. Large kidney shaped, deep red bean so named for its visual resemblance in shape and colour to a kidney. Use in soups, casseroles and Mexican dishes. High yields. 90-100 days. 80 seeds

**ROYAL BURGUNDY** Purple, round, stringless pods with white seeds, 12-15 cm in length with firm texture & excellent flavour. Resistant to common bean mosaic. 53 days. 120 seeds

**VERMONT CRANBERRY** Heirloom from New England dating back prior to the 1800's. Long, green, speckled pods to 15cm. When left to mature, contains oval, medium sized, plump, red beans with pink streaks. Used as a fresh bean or left to mature for use as a dried bean / legume. While this is a bush bean, it does have the rare, occasional tendency to climb. Easy to shell. Well suited to cooler areas with short growing periods. 75-98 days. 50 seeds

**WINDSOR LONG POD** Prolific cropping; flat pods 18-20cm. Popular garden variety. Stringless when picked early. 100 seeds

## BEAN, CLIMBING

(*Phaseolus vulgaris*) Requires staking. Bears for later & longer than bush variety. Approx. 5-10 seeds / gram

### SOW WHEN

**TEMP**  
**Cool:** Mid Spring to Early Summer  
**Warm:** Early Spring to Mid Summer  
**Tropical:** Late Summer to Mid Spring

### SOIL

15-30°C

### COMPANIONS

**LIKES:** Beetroot, Borage, Cabbage, Carrot, Cauliflower, Marigold, Squash, Strawberry, Corn, Tomato, Potato, Cucumber, Summer Savory **DISLIKES:** Chives, Fennel, Garlic, Leek, Onion, Gladiolus

**1500 YEAR OLD CAVE BEAN** Heirloom reputed to have originally been found in a cave in New Mexico in a clay pot sealed with pitch. The bean was then carbon dated & found to be 1500 years old. Very rare variety. Long, wide, flattened green bean produced on trailing vine to 4m high. Strong, sturdy bush. 15 seeds

**BLUE LAKE** Heirloom dating back to 1885 & developed in the Blue Lake area around Ukich, California. Straight, stringless bright dark-green round pods 15-18cm. Tender even when mature. Heavy bearing. 65-80 days. 135 seeds

**BLUE SPECKLED TEPARY** (*Phaseolus acutifolius*) Ancient heirloom. Small pods producing tan and blue-grey spotted beans which resemble a small pebble. Unique, mild flavour characteristic of traditional Southwestern dishes. Once the main crop in the native cultures of the Sonoran desert and surrounding regions. Very drought & heat tolerant and in many areas may be grown without irrigation. They are of a thin-stemmed sprawling bush to half-runner habit. High yields. A very small and hardy plant which is rewarding to grow. Best left to mature for use as dried bean rather than fresh green bean. 80 days. 100 seeds

**CALABRIAN EXPRESS** Old Italian heirloom first discovered in Calabria, Italy. Attractive bean best left to mature for use as a dried bean. Ideal for use in soups, stews, salads etc. 25 seeds

**CHEROKEE TRAIL OF TEARS** Heirloom originating from the Cherokee as they marched from the Smoky Mountains to Oklahoma by the Federal Government in 1839 over the infamous 'Trail of Tears' winter death march which left many dead & suffering. Rare variety. Also known as 'Cherokee Black'. Highly attractive, long, slender, pale green pods with a deep purple line from top to bottom. While it may be eaten as a fresh bean, it is best left to mature for dried use. High yields. Will produce right up until the first frost. 85 days. 35 seeds

**KENTUCKY WONDER** Heirloom introduced prior to 1864. Also known as "Old Homestead" & "Texas Pole". Round, slightly curved, green bean 15-20cm long with brown seeds. Stringless when young. Heavy producing. Excellent fresh, cooked or frozen. Resistant to bean rust. 58-70 days. 135 seeds

## HISTORY

### BEAN: Kentucky Wonder

First introduced in 1864 and originally named "Old Homestead". Later renamed "Kentucky Wonder" due to its size which was indeed a wonder. The beans produced were extraordinarily long - up to 25cm and still tender, crisp & free from fibre with excellent flavour. Kentucky Wonder has survived for almost 150 years.

**LAZY WIFE** Heirloom dating back to 1810 in Germany. Green, round, pods to 20cm long, with little string even when mature. Tall growing bush with high yields over long period. Excellent flavour. 80-85 days 80 seeds

**HEIRLOOM MIX** Mix of heirloom beets of various colours & shapes including Bulls Blood, Albino, Burpee's Golden Globe, Chioggia, Crosby's Egyptian Flat, Cylindra, Detroit & Early Wonder. 50-65 days. 380 seeds

**PURPLE KING** Heirloom. Also known as 'Blue Coco'. Straight, flat, bright purple bean to 18cm, heavy bearing, producing over many weeks; changes to green colour when cooked. 65 days. 120 seeds

**RATTLESNAKE** Heirloom also known as 'Preacher Bean'. Plant to 3m tall with attractive purple flowers producing long, thin green pods with purple streaking and sweet flavour. Beans may also be left to mature, dried and then used in soups and casseroles. Plant to 3m high. High yields. Drought resistant. Does well in hot, humid areas, but also grows well in other areas. 65-75 days. 50 seeds

**SNAKE - RED DRAGON** (*Vigna sesquipedalis*) Annual. Also known as 'Yard Long Bean' & 'Asparagus Bean'. Long, thin, green bean with red seeds. Grown out from seed obtained from a Vietnamese market gardener. Used fresh in salads, stir-fry, cooked or steamed, with flavour similar to asparagus. In cooler areas plant in warm position. 70-80 days. 45 seeds

**SNAKE - RED YARD LONG** (*Vigna sesquipedalis*) Bright red, long, thin bean with green centre & nutty flavour when picked young. Easy to harvest & process due to colour & length. Highly attractive in the garden. 50 seeds

**SPECKLED CRANBERRY** American heirloom dating back to 1796. Highly attractive, long, wide, green, speckled pods containing pink speckled seeds. Harvested fresh or left to mature for use as a dried bean (borlotti). 15 seeds

**TURKISH DELIGHT** Handed to us by a Turkish man at the Canberra Tip Shop & saved by his family for generations. Large green, stringless, flat pods with excellent flavour. Tender even when large. Strong climber - requires staking. Easy to grow. 35 seeds

**WESTRALIA** Dates back to 1950's when it appeared in Western Australia. Large, fleshy, dark green, oval shaped pods to 20cm long with white seeds. Vigorous climber. Disease resistant. Well suited to Australian conditions. Early to mature. 65 days. 60 seeds

## BEAN, RUNNER

(*Phaseolus coccineus*) Requires staking. Cool climates only. Perennial. Also known as 'Seven Year Bean'. Tolerates heat, drought & cool nights. Approx. 1 seed / gram

**SOW WHEN** **SOIL TEMP**  
**Cool:** Mid Spring to Early Summer 15-30°C  
**Warm:** Early Spring to Mid Summer  
**Tropical:** NA

### COMPANIONS

**LIKES:** Beetroot, Borage, Cabbage, Carrot, Cauliflower, Marigold, Squash, Strawberry, Corn, Tomato, Potato, Cucumber, Summer Savory **DISLIKES:** Chives, Fennel, Garlic, Leek, Onion, Gladiolus

**PRIZEWINNER** Heirloom. Long, flat, green, straight, tender pods 20-30cm staying succulent on the vine until harvest. Green beans harvested while young & eaten fresh, or seed left to mature and dry for use as legume. Perennial vine dying back in winter & re-emerging in spring each year. High yields. Cool climate only; tolerates heat, drought and cold climate well.

**SCARLET EMPEROR** Heirloom. Vigorous vine with scarlet coloured flowers; produces numerous flat, green beans. Best when picked young. Attractive

in the garden. Scarlet Runner first introduced in 1600's. A ceremonial bean used by South West American & Mexican indigenous cultures. Scarlet Emperor dates back to 1906. 65-90 days. 25 seeds

**SUNSET RUNNER** Perennial - Runner type also known as 'Seven Year Bean. Vigorous vine with salmon coloured flowers; produces numerous large, flat, green beans. Best when picked young. Attractive in the garden. Cool climate only; tolerates heat, drought & cool conditions well. 70-90 days. 12 seeds

**WHITE DUTCH RUNNER** Heirloom from the Netherlands dating back to 1700's from John Withee's famous bean collection via Old Sturbridge Village. Also known as 'Alba Bean'. Large, thick, green, tender, juicy pods with white beans, produced on fast growing vine with white flowers. Green beans harvested while young & eaten fresh, or seed left to mature and dry for use as legume. Perennial vine dying back in winter & re-emerging in spring each year. High yields. Cool climate only; tolerates heat, drought & cold climate well. 70-90 days. 15 seeds

## DID YOU KNOW?

Unlike other beans, the runner bean's cotyledons (seed leaves) remain under the ground as the seedling emerges. Also, the growing vine turns anti clockwise rather than clockwise.

## BEETROOT

(*Beta vulgaris*) Biennial. Leaves used in salads or as spinach; roots eaten raw or cooked. Tolerates salty soil conditions and light frost. Approx. 50-60 seeds / gram

**SOW WHEN** **SOIL TEMP**  
**Cool:** Early Spring to Late Summer 10-30°C  
**Warm:** Mid Winter to Early Autumn  
**Tropical:** Late Summer to Mid Spring

### COMPANIONS

**LIKES:** Bush Bean, Broccoli, Brussel Sprouts, Cabbage, Cauliflower, Kohlrabi, Lovage, Lettuce, Dill, Marjoram, Onions, Peas, Silverbeet **DISLIKES:** Beans, Tomato

**ALBINO** Originating in Holland. Pure white, round root with tender, mild flavour. Slightly sweeter than red varieties. Green leaves also used like spinach. Stores well in ground. 55 days. 150 seeds

**BULL'S BLOOD** American heirloom from the Victorian era, originally grown for its attractive leaves only. Attractive deep-red foliage with dark red root & internal rings. Excellent variety for 'baby beets'. 35-55 days. 250 seeds

**BURPEE'S GOLDEN GLOBE** Heirloom first introduced by W. Atlee Burpee Company in 1828. Dark, golden coloured roots with deep yellow, tender & mild flesh; green leaves with yellow stems. Does not 'bleed' like red types making it ideal for salads. Hardy. 55-60 days. 80 seeds

**CHIOGGIA** Italian heirloom dating back to the mid 1840's. Nicknamed the 'Candycane Beet'. Dark red outer skin with alternating pink & white rings inside. Quick growing; competes well with weeds. Excellent sweet flavour. Does not 'bleed' like other varieties. Good for cool areas. 50-65 days. 400 seeds

## DID YOU KNOW?

Each beetroot seed is actually a cluster of embryo's that can produce potentially

from 3-5 plants. This could be the reason for a number of plants appearing in the one spot.

**CROSBY'S EGYPTIAN FLAT** Heirloom dating back prior to 1885 and named after Josiah Crosby, a Boston market gardener. Purplish red, flattened root which forms largely above the ground. Rich flavour. Ideal for boiling, pickling, baking & freezing. 50-60 days. 450 seeds

**CYLINDRA** Heirloom first introduced from Europe in 1892. Also known as 'Butter Slicer'. Long cylindrical root 15-25cm, uniform dark red, excellent for slicing. Small reddish-green tops. Bolt resistant. 45-80 days. 350 seeds

**DETROIT DARK RED** Heirloom introduced by D M Ferry & Co in 1892. Globe shape, dark-red roots to 80mm. Resistant to downy mildew. Excellent flavour. Stores well. 45-70 days. 200 seeds

**EARLY BLOOD TURNIP** One of the oldest surviving varieties from 18th century England. When cooked, the root gives off a thick, red juice which is similar to blood - hence the name. Dark red, turnip shaped roots with sweet, dark flesh & pink zoning. 48-68 days. 180 seeds

**EARLY WONDER** A descendant of the 19<sup>th</sup> Century 'Early Blood Turnip'. Also known as 'Green Top Bunching'. Flattened red globe bulbs, with light zones. Bright green tops. Quick growing. Excellent flavour. First introduced in 1911. 40-60 days. 350 seeds

## RECIPE

### Beetroot Coffee

A sweet, thick, warming drink, similar to Turkish Coffee. Use fresh for maximum flavour.

**STEP 1:** Peel beetroot, cut into quarters & dry in cool oven or dehydrator until crisp (12-24 hours).

**STEP 2:** Grind in blender or coffee grinder. Must be thoroughly dry to grind well.

**TO SERVE:** Place 2 teaspoons granules in mug, add 1 cup boiling water & leave for 2 minutes. Strain & drink. Colour should be brown & not red.

**FODDER BEET - MAMMOTH MIX** Also known as 'Mangel' & traditionally widely used across Europe as cattle feed as early as 1500's. Includes Red Mammoth, Giant White & Yellow Eckendorf. Abundant, edible leaves with very large root up to 10kg or more. Leaves used in salads or like spinach. Root when harvested young used in salads or cooked. 300 seeds

## HISTORY

Beetroot has been cultivated since the time of early Greece & Rome, when white beetroot had as equal popularity as the red variety.

Early beetroot were long & carrot like in appearance with the round beetroot becoming popular during the late 19<sup>th</sup> & 20<sup>th</sup> Century.

**GOLDEN DETROIT** Large, golden orange,

rounded roots with similar flavour & texture as red beetroot but do not bleed when cut. Sweet when harvested at any stage. Yellowish flesh turns golden yellow when cooked. Stems & leaves used in salads when young or steamed when harvested later. Slow to bolt. Stores well. 55 days. 160 seeds

**HEIRLOOM MIX** Mix of heirloom beets of various colours & shapes including Bulls Blood, Albino, Burpee's Golden Globe, Chioggia, Crosby's Egyptian Flat, Cylindra, Detroit & Early Wonder. 50-65 days. 380 seeds

**MANGEL WURZEL** European heirloom dating back to 1767. Also known as 'Mangold' or 'Mangel Beet'. Large, oval root up to 24kg with orange-yellow skin, white flesh & tender, broad, green leaves. Both root & leaves used, with leaves making an excellent spinach substitute. Root used in cooking as a potato substitute either boiled, baked, mashed etc; also has an interesting history of being used during the 18th century to brew beer. 160 seeds

**WHITE DETROIT** Heirloom, large, white root which retains sweet flavour while cooking. A great choice for avoiding 'staining' from beet juices with salads & cooked dishes. 180 seeds

## BROAD BEAN

(*Vicia faba*) Withstands heavy frost. Use fresh or as dried bean. Leaves also make a tasty addition to salads, or used like spinach. Approx. 1 seed / gram

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Early Autumn to Mid Autumn Late Winter to Early Spring	5-25°C
<b>Warm:</b> Mid Autumn to Mid Winter	
<b>Tropical:</b> Mid Autumn to Early Winter	

**COMPANIONS**  
LIKES: Potato, Pea, Bean

**AQUA DULCE** Heirloom dating back to 1844. Also known as 'Leviathan Long Pod'. Long pods to 25-40cm & up to 5cm wide. Short plant. Nutty flavour. 80-90 days. 65 seeds

**COLES DWARF** Compact bush to 1m tall. Heavy producer with pods to 20cm. 80-90 days. 75 seeds

**CRIMSON FLOWERED** Rare, heirloom variety dating back to 1778. Highly attractive, crimson coloured flowers producing green, medium sized, flat pods. Flowers over a long period. Bush to 1m high. High yields. 15 seeds

**REX** Rare heirloom from a grower who provided us with seed from his 'Uncle Rex' who had diligently saved this seed year after year. Very old variety. Grows tall & produces very large, flat beans. Attractive white & black flowers. 15 seeds

## BROCCOLI

(*Brassica oleracea* var. *italica*) Mature plants tolerate frost. Flowers also used in salads, & as a garnish. Approx. 300-325 seeds / gram

SOW WHEN	SOIL TEMP
<b>Cool:</b> Late Spring to Late Summer	5-30°C
<b>Warm:</b> Early Summer to Early Autumn	
<b>Tropical:</b> Early Autumn to Late Winter	

.....**COMPANIONS**

**LIKES:** Bean, Celery, Chamomile, Dill, Mint, Nasturtium, Onion, Oregano, Potato, Sage, Rosemary **DISLIKES:** Lettuce, Strawberry, Tomato

## BROCCOLI RAAB - SPRING RAPINNI A

descendent of a wild herb & a relative to the turnip with flowering heads similar in shape to classic broccoli. Commonly used in Southern Italian dishes, sauteed, steamed or used like spinach. Nutty, slightly bitter, pungent flavour. High in nutrients. For best results, harvest leaves up to 25cm. 45 days. 600 seeds

**DI CICCIO** Heirloom. Tight, compact, bluish-green heads, producing many side shoots. Stores well. Produces earlier than most varieties. Popular variety. 50-80 days. 600 seeds

## GREEN SPROUTING CALABRESE

Italian heirloom introduced prior to 1880. Compact, dark-green head. Bush continues producing side heads once main head is harvested. Slow to bolt. 60-90 days. 1100 seeds

**PURPLE SPROUTING EARLY** English heirloom dating back to mid 1777. Grown for the harvest of its tasty, purple side shoots which turn green upon cooking. Very hardy & prolific. Allow 9 months until maturity. 500 seeds

**ROMANESCO** Italian heirloom. Medium sized, light green head, with spiraling pattern. Attractive variety with excellent taste & flavour. Flowers also used in salads & as garnish. Widely grown & prized in Italy. 70-100 days. 480 seeds

**SPIGARIELLO LISCIA** Italian heirloom most popular in Southern Italy. Flat, blue - green leafy vegetable with flavour similar to broccoli / kale. Harvest outside leaves as required or whole plant for bunching. If left to mature, will form small broccoli-like heads after 70 days. Easy to grow. Will tolerate warmer conditions without bolting much better than regular broccoli. High yields. 45-70 days. 400 seeds

**WALTHAM 29** First introduced in 1954. Medium to large heads 15cm across on compact plants, ideal for smaller gardens. Excellent flavour. Good variety for freezing. Drought tolerant. 60-70 days. 1200 seeds

**WHITE SPROUTING** Heirloom. Creamy, white, tender flower heads with mild flavour. Prolific. Eat white flower head & surrounding leaves as well as stem. Harvest central flower head first to encourage side shoots. Early variety. 65-72 days. 120 seeds

## BRUSSEL SPROUTS

(*Brassica oleracea* var. *gemmifera*) Light frost improves flavour. Approx. 270-325 seeds / gram

SOW WHEN	SOIL TEMP
<b>Cool:</b> Mid Spring to Late Summer	5-30°C
<b>Warm:</b> Early Summer to Early Autumn	
<b>Tropical:</b>	

**COMPANIONS**  
LIKES: Bean, Celery, Dill, Hyssop, Mint, Nasturtium, Potato, Sage, Rosemary

**LONG ISLAND IMPROVED** Heirloom dating back to 1890 & the main commercial sprout until the introduction of hybrid varieties. Produces 50-100 sprouts, 3-4cm across, per plant. Compact bush

producing over a long period. 80-110 days. 450 seeds

**RED RIBS** Heirloom. Small, round, compact, red heads with mild, nutty flavour. Loses some colour with cooking. 80-110 days. 450 seeds

## BURDOCK

(*Arctium lappa*)

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Mid Spring to Late Summer	15-30°C
<b>Warm:</b> Late Winter to Late Autumn	
<b>Tropical:</b> Late Summer to Early Spring	

**COMPANIONS**  
LIKES: Bean, Mint, Nasturtium, Radish  
DISLIKES: Potato

**TAKINOWGAWA LONG** Heirloom. Biennial. Edible roots 30 - 60cm long; stalks also eaten. Delicious flavour. Use like carrots; fresh in salads, stir-fry, or cooked. Stores well. 120 days. 100 seeds

## CABBAGE

(*Brassica oleracea* var. *capitata*). Excellent raw in salads, stir-fry or steamed. Approx. 250-325 seeds / gram

-SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Late Winter to Early Autumn	10-35°C
<b>Warm:</b> Early Winter to Mid Autumn	
<b>Tropical:</b> Late Summer to Late Spring	

**COMPANIONS**  
LIKES: Bean, Beetroot, Celery, Chamomile, Dill, Hyssop, Mint, Nasturtium, Onion, Oregano, Potato, Sage, Rosemary  
DISLIKES: Grape, Strawberry, Tomato

**COPENHAGEN MARKET** Heirloom. Round, compact, green heads 2-2.5 kg in weight. Matures early. Especially suited to cooler summers. Excellent variety for smaller gardens. 63-100 days. 600 seeds

**DANISH BALLHEAD** Heirloom dating back to 1887. Also known as 'Blue Hollander'. Blue-green, round, ball shaped heads 15-17cm across. Stores well. Resistant to bolting & splitting. Use cooked or in salads & coleslaw. 75-100 days 600 seeds

**MAMMOTH RED ROCK** European heirloom dating back to 1889. Round, solid & flattened, purplish-red cabbage with colour through to core. Excellent for salads, cooking or pickling. Stores well. 78-110 days. 600 seeds

**MICHIHLI** Chinese heirloom. Solid, barrel type with upright head, dark-green leaves & blanched interior. Popular variety. Used in salads, stir-fry or cooked. 70-100 days. 450 seeds

**VERONA PURPLE SAVOY** European heirloom. Large, slightly savoyed, dark green, purple tinged leaves producing a solid head 3-4kg. Purple colour enhanced by cool, overnight temperatures. Excellent flavour. Stores well. 90 days. 550 seeds

**VERTUS SAVOY** French heirloom. Medium sized, firm head with coarsely crumpled leaves. Light-dark green coloured leaves. 90 days. 600 seeds

## CAPSICUM

(*Capsicum annuum*) Annual in cooler areas, perennial in warm areas. In cool areas, seeds may be started indoors 5 weeks

prior to planting out after last frost. Approx. 140-150 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b> Cool: Early Spring to Late Spring Warm: Late Winter to Early Summer Tropical: Mid Winter to Early Autumn	16-35°C

#### COMPANIONS

**LIKES:** Basil, Carrot, Lovage, Marjoram, Onion, Oregano  
**DISLIKES:** Fennel, Kohl Rabi

**BANANA** Heirloom. Tapering, yellow to red fruit, 15cm in length. Sweet flavour with no heat. 100 seeds

**CALIFORNIA WONDER** Heirloom. Large, bell-shaped fruit with thick walls. Colour ranges from green to red. Plant to 60cm high. Popular variety. Introduced in 1928. 65-90 days. 80 seeds

**CHOCOLATE BEAUTY** Medium to large, bell-shaped green fruit maturing to chocolate brown. Thick, sweet flesh. High yields. Grows well in cooler areas with short growing season. 75-95 days. 50 seeds

**CUBANELLE** Tapering, light green, blunt-ended sweet fruit to 18cm; 3-5cm across, with no heat. 65-90 days. 110 seeds

**HUNGARIAN SWEET YELLOW WAX** Long, tapering fruit with thin skin & thick flesh to 15cm long, changing from light yellow to orange red when mature. Traditionally eaten fresh, grilled, pickled or made into yellow sauces. 70 days. 80 seeds

**PURPLE BEAUTY** Compact plant to 45cm high producing large, blocky fruit with thick, crisp, sweet flesh. Ripens from green to purple to deep red upon maturity. One of the best purple coloured heirloom capsicums available. 75 days. 60 seeds

**ROMANIAN** Heirloom from Eastern Europe. Tapered fruit 10cm long and 50cm across with sweet flavour. Ripens from pale yellow to orange to red when fully mature. Great for cooler areas with short growing seasons. Early to mature. 60 seeds

### HINT

For cooler areas.....

Capsicum are frost sensitive. Dig up bushes in Autumn, pot and place inside to ripen fruit into winter. Plant out again in Spring.

## CARROT

(*Daucus carota*) Approx. 620-1000 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b> Cool: Late Winter to Late Summer Warm: Mid Winter to Late Summer Tropical: Late Summer to Late Spring	10-30°C

#### COMPANIONS

**LIKES:** Bean, Leek, Onion, Pea, Mint, Nasturtium, Radish, Corn, Rosemary, Sage, Tomato, Wormwood, Chive, Cucumber, Lettuce **DISLIKES:** Potato, Dill, & being stored with apples

**AMSTERDAM FORCING** Heirloom. Orange, almost coreless, blunt-ended, cylindrical roots 13-15cm in length. Ideal for baby carrots. Resistant to splitting & cracking. 55-72 days. 1800 seeds

**CHANTENAY RED CORED** French heirloom first introduced in the late 1800's. Short,

broad, deep red-orange root. Well suited to heavier soils. Sweet flavour & very tender. 60-75 days. 2800 seeds

**DANVERS** Heritage variety originating from Danvers, Massachusetts in the 1870's. Produces deep orange, slightly tapered root 15-18cm. Tolerates a wide range of soils. Stores well. Excellent variety. Great for juicing, cooking, freezing or salads. 65-70 days. 1800 seeds

**HEIRLOOM MIX** Mix of many varieties of carrots in our range with varying colours, sizes, and shapes. 1200 seeds

**PURPLE DRAGON** Originating from Afghanistan & over 1000 years old. Medium length, tapered root, in shades of dark violet through to reddish purple with an orange interior. Sweet taste. 60-90 days. 1000 seeds

**ROYAL CHANTENAY** Heirloom originating from the Chantenay region in France. Red-orange, large diameter root 12-16cm. Excellent variety for heavy or shallow soils. 60-70 days. 1800 seeds

**SCARLET NANTES** French heirloom dating back to 1855. Reddish orange, cylindrical, almost coreless, sweet, crisp roots to 17cm, with excellent flavour. Stores well. Used raw, cooked, or juiced. Contains the highest number of amino acids found in nutritional research. 55 days. 2000 seeds

**WHITE BELGIAN** Flemish heirloom dating back to 1500's. Biennial. Tapered, long white root with green shoulder. Mild, sweet flavour with crisp flesh. Attractive when served with orange carrots, or as a white carrot soup. 60-75 days. 1000 seeds

### HISTORY

Did you know that the original carrot was white & not orange? The Celts in Northern Europe grew carrots that were white. Afghanistan, Syria & Iran grew yellow or purple carrots. Our sweet, deep orange carrots of today were first developed in Holland during the 1600's, then moving to America with the first settlers.

Also, in the Middle Ages, French women cut the feathery greens from carrots to adorn their hats and hair styles.

## CAULIFLOWER

(*Brassica oleracea* var. *botrytis*) Approx. 325-500 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b> Cool: Late Spring to Mid Summer Warm: Early Summer to Early Autumn Tropical: Mid Summer to Mid Autumn	9-30°C

#### COMPANIONS

**LIKES:** Bean, Beetroot, Celery, Chamomile, Dill, Hyssop, Mint, Nasturtium, Onion, Oregano, Potato, Sage, Radish, Rosemary **DISLIKES:** Strawberry, Tomato

**GREEN MACERATA** Heirloom. Lime green coloured cauliflower, 1-1.3kg. Excellent flavour; very tender. Unusual & attractive in the garden. 80-90 days. 450 seeds

**GIANT OF NAPLES** Rare Italian heirloom. Large, white head up to 1.8kg with very good leaf cover. Good texture & flavour. Hardy. 200 days. 600 seeds

**SELF BLANCHE** Small to medium, white heads 17-20cm across, excellent flavour. In cool weather, leaves curl over head to keep white. 70 days. 600 seeds

**VIOLET SICILIAN** Heirloom dating back to 1800. Large, solid, purple heads changing to green when cooked. Higher in minerals than other varieties. Insect resistant. 450 seeds

## CELERIAC

(*Apium graveolens* var. *rapaceum*) Bulb, stems & leaves used. Will grow into cold weather. Use raw in salads, or cooked in soups & stews. Much harder than celery. Approx. 2000-2500 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b> Cool: Early Spring to Early Summer Warm: Late Winter to Late Summer Tropical: Mid Summer to Mid Autumn	8-20°C

#### COMPANIONS

**LIKES:** Bush Bean, Cabbage, Leek, Onion, Tomato, Chive, Broccoli, Cauliflower, Kale, Kohl Rabi

**GIANT PRAGUE** Heirloom dating back to 1871. Very large, smooth bulbous roots with white flesh. Excellent sweet flavour. 1200 seeds

**SEDANO DI VERONA** Heirloom. Also known as Turnip Rooted Celery. Brown bulb with white centre; up to 2kg in weight. Slow to bolt. 1000 seeds

**WHITE ALABASTER** Rare Italian heirloom. Large, white head up to 1.8kg with very good leaf cover. Good texture & flavour. Hardy. 200 days. 1000 seeds

## CELERY

(*Apium graveolens* var. *dulce*) Will grow into cold weather. Approx. 2000-2400 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b> Cool: Early Spring to Early Summer Warm: Late Winter to Late Summer Tropical: Mid Summer to Mid Autumn	10-20°C

#### COMPANIONS

**LIKES:** Bean, Cabbage, Leek, Onion, Tomato

**CUT** European, dwarf celery. Rich, dark green leaves with thin stems & strong celery flavour; height to 45cm. Ideal for growing in pots or small gardens. Will keep producing after cutting. Hardy; tolerates wider growing conditions than regular celery. 80-85 days. 4000 seeds

**ELNE** French heirloom. Crisp, medium to tall, bright green stems with dark green leaves. Easy to blanch due to tight growth - if left to themselves are somewhat self-blanching. Early to mature. 80 days. 2000 seeds

**PEPPERMINT STICK** Attractive, pink & green striped stems with thin stalks & intense flavour. Unique in that it keeps its colour when cooked. Use leaves & stems in soups, stews, salads or just fresh. Vigorous & upright plant. Very slow to bolt. Shade tolerant. Harvest outer stalks straight from the bush allowing inner stems to develop for later use. 100-120 days. 2000 seeds

**TALL UTAH** Stringless, dark-green, stalks to 65cm. Vigorous. 70-125 days. 4000 seeds

## HINT

To prevent celery becoming thin & stringy, keep well watered and fed with an organic fertiliser.

## RECIPE Celery Salt

Celery is naturally salty and can be used as a salt substitute.

STEP 1: Slice celery thinly and dry in cool oven or dehydrator.

STEP 2: Blend in blender or coffee grinder until powdered.

# CHICORY

Approx. 500-600 seeds / gram

SOW WHEN	SOIL TEMP
Cool: Early Spring to Late Summer	15-26°C
Warm: Late Winter to Early Autumn	
Tropical: Early Autumn to Early Spring	

### COMPANIONS

**LIKES:** Pennyroyal, Cauliflower, Lettuce, Mint, Parsley, Chervil. Chicory aerates the soil & brings nutrients to the surface.

**GIANT CHIOGGIA** Italian heirloom. Long, green indented leaves with mild flavour. Young leaves used in salads or cooked like spinach. Mature plants great for boosting nutrient intake for grazing animals including cows, sheep, pigs, chooks & rabbits. 1000 seeds

**ITALIKO ROSSO** Italian heirloom. Deeply toothed, upright, bright red-veined green leaves. A savoury leaf resembling 'Red Rib' Dandelion in appearance. Ideal for adding to mesclun. Best harvested in cooler weather as summer heat may create bitterness. 60 days. 800 seeds

**WITLOF** (*Chicorium intybus*) Heirloom from Belgium in mid 1800's. Also known as 'Belgian Endive' meaning 'White Leaf'. Medium-dark green leaves, with inner leaves & hearts used in salads. Plants 40-50cm. Delicious mildly tangy flavour. Roots dried & roasted for coffee substitute. 55-150 days. 1200 seeds

# CHILLI

(*Capsicum annum*) Grow in similar conditions to Capsicum. Annual in cooler areas, perennial in warm areas. In cool areas, seeds may be started indoors 5 weeks prior to planting out after last frost. Approx. 120-150 seeds / gram

SOW WHEN	SOIL TEMP
Cool: Early Spring to Late Spring	16-35°C
Warm: Late Winter to Early Summer	
Tropical: Mid Winter to Early Autumn	

### COMPANIONS

**LIKES:** Basil, Carrot, Lovage, Marjoram, Onion, Oregano  
**DISLIKES:** Fennel, Kohl Rabi

**CAYENNE** European heirloom first introduced in 1827. Long, thin, cylindrical, green to red fruit to 20cm with pointed end. 60 seeds

Heat unit 8 - 1 (mild) to 10 (hottest)

**JALAPENO** Annual / Perennial. Small, oval, fruit with thick, firm flesh to 75mm. Ripens dark green to

red. Low to medium heat. Popular variety. High yields. 60-80 days. 80 seeds

Heat unit 5 - 1 (mild) to 10 (hottest)

**POBLANO / ANCHO** Heirloom from Mexico and the most commonly used dried chilli in this region. The 'Poblanco' (meaning 'People chilli') when dried is then called 'ancho'. A heart shaped, thick walled, mildly hot fruit with rich mellow flavour. Ripens from deep green to rich red. May be eaten raw, peeled, cooked in dishes or stuffed. Well suited to warm areas. Plants to 60cm high. 80 days. 60 seeds

Heat unit 4 - 1 (mild) to 10 (hottest)

**SERRANO** Heirloom originating from the foothills of Puebla, Mexico with the name taken from 'Serranias' which means foothill in Spanish. Perennial - annual in cool areas. Fruit with thin skin 5-8cm long with thick flesh, and colour ranging from green (unripe) to red, brown and then orange as fruit ripens. Medium to hot heat. Plant to 1m high. Prolific. Produces over a long period. Used in salsa, pickled, cooked dishes or dried as ornamental. 75 days. 80 seeds

Heat unit 7 - 1 (mild) to 10 (hottest)

## DID YOU KNOW.....

Did you know that chillies harvested from the same parent bush can vary in heat intensity, with the hottest fruit being at the bottom of the plant.

# CHINESE / ASIAN VEGETABLES

Quick growing. Use fresh in salads or stir-fry. Harvest leaves as required.

**BABY BOK CHOY** Dark green leaves with short, wide stems; mustardy flavour. Smaller, more tender & milder than regular Bok Choy. Likes cooler weather. Harvest whole plant for use in stir-fry, or pick outside leaves as required. Great for small gardens. 800 seeds

**GAI CHOI** Asian heirloom also known as 'Chinese Mustard', 'Swatow Mustard Greens', 'Mustard Cabbage' or 'Indian Mustard'. Deep green, crinkled, broad cabbage-like leaves with thick ribs & veins and very mild, sweet flavour. Popular in Taiwanese cuisine. Harvest baby leaves when young (after 21 days) or leave to mature. Prefers warm, humid conditions. Quick to grow. May be grown as green manure crop, as a soil fumigation treatment, or even to help remove heavy metals from the soil. 500 seeds

**HONG VIT** (*Raphanus sativus*) Heirloom radish grown mainly for its leaf as it produces only small roots. Green, lobed leaf with attractive pink stem and spicy flavour. Plant to 15cm high. Ideal for use as micro green or for continual harvest of baby leaves to add to salad mixes, soups and stir-fry. Fast growing and very early to mature. 180 seeds

## PAK CHOI

Approx. 350 seeds / gram

SOW WHEN
Cool: Late Winter to Early Autumn
Warm: Mid Winter to Mid Autumn
Tropical: Early Autumn to Mid Spring

**PURPLE** Heirloom. Also known as 'Hon Tsai Tai'. Quick growing, Chinese vegetable, producing deep purple stalks. Attractive in the garden. Under ideal conditions, plant will produce as many as 36 purple flowering stems. 30-50 days. 550 seeds

**WHITE STEM** Thick white stems with large, flat, round, smooth, green leaves. Popular variety. 35-45 days. 1800 seeds

**TATSOI** Heirloom. Open-hearted, dark-green, tender leaves with mild taste. Harvest leaves from outside edge as required. Tolerates cooler conditions. 45-55 days. 1000 seeds

**TATSOI - YUKINA SAVOY** Thick, dark green, heavily crumpled, oval leaves. Similar in appearance to regular Tatsoi, but with more crumpled leaves. Quick to grow. Heat & cold tolerant. Harvest as baby leaf removing from outside edge as required, or leave to mature. Popular in salads, or stir fry. 21-45 days. 700 seeds

# COLLARDS

(*Brassica oleracea* var. *acephala*) Tolerates cooler weather. Flavour sweetens with frost. Thrives in soils where other members of the cabbage family struggle. Juicy leaves with mild cabbage-like flavour. Used in salads, boiled or steamed. Approx. 200 seeds / gram

SOW WHEN	SOIL TEMP
Cool: Mid Summer to Mid Autumn	8-28°C
Warm: Late Summer to Early Spring	
Tropical: Mid Autumn to Early Spring	

### COMPANIONS

**LIKES:** Bean, Beetroot, Celery, Chamomile, Dill, Hyssop, Mint, Nasturtium, Onion, Oregano, Potato, Sage, Rosemary  
**DISLIKES:** Grape, Strawberry, Tomato

**GEORGIA SOUTHERN** Heirloom dating back to 1880. Also known as 'Creole' or 'True Collard'. Large, blue-green, slightly crumpled leaves. Non-heading. Grows to 90cm. Slow to bolt. 60-80 days. 600 seeds

**MORRIS HEADING** Heirloom first introduced in 1919 by Morris Plant Farm. Broad, slightly crumpled, waxy, blue-green leaves with light green veins. Extremely tender variety. Compact bush. Slow to bolt. 52-85 days. 600 seeds

# CORN

(*Zea mays*) Approx. 3-8 seeds per gram.

SOW WHEN	SOIL TEMP
Cool: Mid Spring to Early Summer	15-35°C
Warm: Late Winter to Mid Summer	
Tropical: Mid Winter to Late Summer	

### COMPANIONS

**LIKES:** Bean, Lupin, Melon, Pea, Squash, Cucumber, Pumpkin, Potato

**AUNT MOLLY'S FAVOURITE \*\*\*NOT TO NT\*\*\*** Golden yellow, rounded kernels produced on large bush with numerous small to medium sized cobs. High yields. Used for popping. 120 seeds

**BALINESE \*\*\*NOT TO NT\*\*\*** Pale golden yellow kernels produced on heavily foliated plant to 2m tall. 2-3 cobs per plant. Popular variety - easy to grow. 85-110 days. 80 seeds



## GOLDEN BANTAM \*\*\*NOT TO NT\*\*\*

American heirloom dating back to 1898. Plant to 4m high, producing up to seven, golden yellow cobs per stem. Great flavour. Ideal for eating fresh, cooked or for freezing. 70-80 days. 65 seeds

**JOLLY ROGER \*\*\*NOT TO NT\*\*\*** Australian heirloom producing large cobs with high sugar content. Excellent flavour. High yields. 80 seeds

**MANDAN MAIZE \*\*\*NOT TO NT\*\*\*** Heirloom originating from North & South Dakota & traditionally grown by the Mandan Indians. Highly attractive, deep blue-purple cobs. A hard corn with kernels used mainly for grinding into flour. Ideal for purple tortillas, flat breads etc. Very easy to grow & drought resilient. Ideal for cooler areas. 65 seeds

**ONTOS OVAL \*\*\*NOT TO NT\*\*\*** Heirloom. Beautiful, elongated pale yellow to almost white kernels produced on fast growing plant to 1.5m high. A favourite with popcorn enthusiasts - as one fan states 'mostly puff with little rough'. Organically grown. 80 seeds

**REID'S YELLOW DENT \*\*\*NOT TO NT\*\*\*** Heirloom first released by Robert Reid of Illinois in 1847 & improved by his son James Reid from 1870-1900. At the time, James Reid harvested 120 bushels per acre (the average at the time being 27 bushels). This then became the famous 'Reid's Yellow Dent Corn'. 60 seeds

**TRUE GOLD \*\*\*NOT TO NT\*\*\*** Heirloom. Golden yellow kernels with crisp, rich, sweet buttery flavour. Ready to eat straight off the plant. Cobs up to 20cm long produced on plant to 2m high. 2-3 cobs per plant. Early to mature. Grows well in cooler areas. 80-90 days. 50 seeds

### DID YOU KNOW.....

Heirloom varieties of corn are naturally sweet, but their sugar content quickly turns into starch after picking, so is best eaten freshly harvested.

## CUCUMBER

(Cucumis sativus) Approx. 35-40 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Mid Spring to Early Summer	15-35°C
<b>Warm:</b> Early Spring to Mid Summer	
<b>Tropical:</b> Mid Winter to Early Autumn	

### COMPANIONS

**LIKES:** Bean, Broccoli, Celery, Chinese Cabbage, Lettuce, Pea, Radish, Tomato, Corn, Sunflower  
**DISLIKES:** Rue, Sage, Potato & Aromatic Herbs

**APPLE-O-DAY** Round to oval, pale green, apple type fruit. Best harvested when young for most tender fruit & fresh eating, otherwise larger fruit may be sliced and used in salads, sandwiches etc. Mature fruit may also be seeded with the flesh then steamed creating the most tender, asparagus flavoured vegetable. Very high yields. 45 seeds

**ARMENIAN** (Cucumis melo) Heirloom. Also known as 'Yardlong Cucumber'. Light-green, ribbed, cylindrical fruit 20-60cm. Thin, soft skin, so no need for peeling. Best results when grown on trellis. Grows quickly. 50-80 days. 100 seeds

**BEIT ALPHA** Lebanese type, green cucumber up

to 16cm long with excellent, sweet flavour & texture. Commonly harvested when young & small. 60 days. 45 seeds

**EARLY FORTUNE** First introduced in 1910 by the Jerome B. Rice Seed Co. Described as being 'the earliest and best white spine cucumber ever offered'. Green, medium sized fruit to 20cm. 55-60 days. 40 seeds

**MARKETMORE** Heirloom. Burpless type. Cylindrical fruit with dark green skin & white, non-bitter flesh. Resistant to disease. 60-70 days. 100 seeds

**MOUSE MELON** (Melothria scabra) Heirloom native to Mexico & Central America & first described scientifically in 1866 by the French Botanist Charles Victor Naudin. Also known as 'Mexican Sour Gherkin' or 'Sandiita' meaning 'Little Watermelon' in Spanish, but also appears many times in other dialects translating as 'Mouse Melon'. Small, tiny, grape sized fruit the size of a thumb with flavour similar to a cucumber / lime. Flavour varies depending on time of harvest. When picked young & still on vine flavour resembles cucumber, but when left to mature with fruit falling on ground, fruit will display a hint of sourness. Best grown on a trellis. Used in stir-fry, pickled, raw in salads, or chopped added to salsa for extra flavour & texture. 180 seeds

**MUNCHER BURPLESS** Medium, smooth, lebanese type fruit to 25cm long with thin skin produced on strong, vigorous vines. Burpless, tender & bitter-free. Used fresh in salads, or when harvested young may also be pickled. Slices well. High yields. Resistant to disease. Early variety. 59-65 days. 45 seeds

**POINSETT 76** Released in 1976 by the late Dr. Munger of Cornell. Green, cylindrical, straight fruit to 20cm in length with juicy, crunchy flesh. Disease resistant - withstands spider mites, downy mildew, powdery mildew, scab, angular leaf spot and anthracnose. Excellent slicing cucumber for use in salads. 70 days. 45 seeds

**POONA KHEERA** Heirloom originating from India. Large, dark brown skin with crisp, juicy, white flesh with sweet flavour. Early to ripen - great for cool areas with a short growing season. High yields. Harvest young when small with white skin or leave to mature allowing skin to develop into a deep brown. May be grown along ground or with trellis. 60 days. 35 seeds

**REDLANDS LONG WHITE** Australian cucumber with white skin & delicious, deep cucumber flavour not commonly found in supermarket varieties. Grows to 18cm in length & approx. 6cm across. High yields. Great in salads or pickled. Resistant to powdery mildew. 63-70 days. 35 seeds

**RICHMOND RIVER GREEN APPLE** Australian heirloom. Oval green fruit to 12cm in length with crisp, juicy, white flesh resembling a green apple in appearance with no bitterness characteristic of many cucumber varieties. Low acid variety. High yields with over 10kg per plant. Spreading vine. 70 days. 35 seeds

**STRAIGHT EIGHT** Straight, dark green, cylindrical fruit with blunt ends 15-18cm. Pick young for pickling or leave to mature for use in salads etc. Prolific. Dates back prior to 1935. 58-70 days. 65 seeds

**SYRIAN** Pale, light green, crisp fruit to 25cm long maturing to pale yellow. Excellent flavour and texture. Tiny black spines easily rub off without pricking! Trailing vine best grown on a trellis. Best harvested when young but may be left to mature. Good for eating at all

stages. 35 seeds

**WHITE WONDER** Heirloom dating back prior to 1890 & first introduced by W. Altee Burpee of Philadelphia. Also known as 'Long White'. Ivory white, cylindrical fruit to 15cm long with rounded ends & crisp, firm, mild flesh. Colour of fruit changes to ivory-yellow when past maturity. Vigorous vine. High yields even during hot weather. Used raw, for pickles or slicing. 35-60 days. 50 seeds

### DID YOU KNOW.....

Did you know that cucumber flowers are only open for one day & require as many as 20 insect visits before being pollinated.

## EGGPLANT

(Solanum melongena) Best sown in warm, relatively dry spot in the garden, with similar growing conditions as for tomato.

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Mid Spring to Late Spring	24-32°C
<b>Warm:</b> Early Spring to Early Summer	
<b>Tropical:</b> Early Spring to Early Autumn	

**BLACK BEAUTY** Heirloom dating back to 1875. Large, oval, dark purple fruit. Excellent flavour & texture. Plant height 70-80cm. Produces 8-18 fruit per plant. Early, popular variety. 75-80 days. 180 seeds

**FLORIDA MARKET** Rare, heirloom. Medium to large, oval - teardrop, black/purple fruit. Vigorous plant. High yields. Produces over a long period. Use sliced, stuffed or baked. 80-85 days. 200 seeds

**LONG PURPLE** Italian heirloom also known as 'Early Long'. Long, slender, purple, thin-skinned fruit with milder more delicate flavour than other varieties & few seeds. Bitter free. Produced on tall bushes (staking is recommended). Early variety great for short growing seasons. 80-90 days. 140 seeds

## ENDIVE

(Chicorium endiva) Also known as 'Escarole'. Leaves used in salads or boiled / steamed. Tolerates frost. Approx. 500-900 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Early Spring to Late Summer	15-25°C
<b>Warm:</b> Late Winter to Early Autumn	
<b>Tropical:</b> Early Autumn to Late Winter	

**BROADLEAF BATAVIAN** Heirloom introduced prior to 1860. Large, dark green, broad, slightly twisted leaves up to 40cm across with deep, self-blanching, buttery, creamy white heart. 85 days. 1000 seeds

**PANCALERI FINE** Heirloom. Attractive, heavily serrated, dark green leaves, with a creamy white heart. Self-blanching. Has mild, slightly nutty flavour. 1000 seeds

**RUFFEC GREEN CURLED** Heirloom dating back to 1863. Open hearted, deeply indented & curly green leaves. Inner leaves blanch easily to creamy-white. 70-100 days. 1500 seeds



## DID YOU KNOW.....

Did you know endive is best when harvested after long periods of cool or cold weather. The plant increases its sugar content to stay warm, thereby reducing its bitterness & increasing its sweet flavour.

# FENNEL

(Foeniculum dulce) Approx. 500 seeds / gram

### SOW WHEN

**Cool:** Late Winter to Early Autumn

**Warm:** Mid Winter to Mid Autumn

**Tropical:** All Year

### COMPANIONS

**LIKES:** Bean, Caraway, Coriander, Dill, Tomato

**FLORENCE (NOT TO WA, VIC)** Forms a large, flattened, cream colour bulb at base of plant; leaves fine & ferny. Leaves & bulb used to add liquorice flavour to salads & dishes. 65-100 days. 350 seeds

# GOURD

(Lagenaria saccharia) Annual vine. Stake for best results. Eaten when young, or allowed to mature for use as vessel. Approx. 30 seeds / gram

### SOW WHEN

**TEMP** SOIL

**Cool:** Early Spring to Early Summer

20-30°C

**Warm:** Late Winter to Late Summer

**Tropical:** Any

### COMPANIONS

**LIKES:** Bean, Mint, Nasturtium, Radish, Corn

**DISLIKES:** Potato

**BITTER MELON - BITTER LONG** Also known as 'Bitter Melon', 'Karalla' & 'Balsam Pear'. Pale green, heavily warted fruits with tapered ends & crisp, tender texture. Best harvested young from 25cm. Vigorous climbing vine requiring trellis. Popular in Indian dishes. Prefers warm climates with warm, moist soil to germinate. 60-70 days. 8 seeds

**DINOSAUR** Also known as 'Maranka' or 'Swan Gourd'. Large, dark green fruit up to 60cm long with curved necks, oval bowl & pronounced ridges. Historically used to decorate sweat lodges. Best grown on trellis. 125 days. 15 seeds

**ORNAMENTAL - LARGE MIX** Annual. Vine. Mix of around 6 different large varieties, including Crown of Thorns, Mini Bottle, Pear White, Spoon etc. 90-100 days. 15 seeds

**ORNAMENTAL - SMALL MIX** (Cucurbita species) Annual vine. Mix of around 6 different small varieties. 90-100 days 20 seeds

**SPECKLED SWAN** Birdhouse type gourd with small 'bulb' at top resembling the head of a swan. 12 seeds

**SPINNING** (Cucurbita pepo) Also known as 'Dancing Gourd'. Very small, dark green fruit with light green stripes produces a hard shell when dried. Used as decoration or toy. In the past, school children would carry the dried gourds in their pockets and spin them on their desks. 90-100 days. 25 seeds

**TEN COMMANDMENTS** (Cucurbita pepo) Also known as 'Crown of Thorns'. Softball sized,

multicoloured fruit with ten fingers (hence the name) pointing towards the blossom end. Produces a mixture of bright stripes & colours. Highly decorative. Excellent for making crafts. 95 days. 18 seeds

**TURK'S TURBAN** (Cucurbita maxima) French heirloom dating back to 1817. Fruit with distinctive top cap & unusual orange, red, white & green marking on skin; 15-20cm across. Trailing vine to 3m. Use as decoration. Stores well. 80-100 days. 12 seeds

# HONEYDEW

(Cucumis melo) Approx. 30 seeds / gram

### SOW WHEN

**TEMP** SOIL

**Cool:** Mid Spring to Early Summer

20-30°C

**Warm:** Early Spring to Early Summer

**Tropical:** Mid Winter to Late Summer

### COMPANIONS

**LIKES:** Radish

**CANARY YELLOW** Large, bright yellow, slightly elongated melon with pale green (almost white), firm flesh & flavour reminiscent of a fruit salad. Shape resembles a football. Flavour is exceptionally sweet when fully ripe. Good yields. Very popular in Spain. Best harvested when melons are bright yellow, the rind is slightly waxy and the flower end is springy, not spongy. 104-120 days. 35 seeds

**EARLY HANOVER** Heirloom first introduced in 1895 by T. W. Woods & Sons from Virginia. Medium sized, globe shaped, indented fruit to 1.5kg with sweet, sugary flesh that can be eaten right to the rind. High yields. Extra early variety. 70-85 days. 40 seeds

**EDEN'S GEM** Heirloom from Colorado & dating back to 1905. Also known as 'Rocky Ford Green Flesh' or 'Netted Gem'. Small, round, netted fruit the size of a softball. Spicy, sweet flesh. Early to mature; great for short growing seasons. 60-85 days. 30 seeds

**GREEN NUTMEG** Heirloom described by Fearing Burr in 1863 in his book 'Fruit and Vegetables of America' as a variety that had already been in cultivation a very long time. Medium sized melon with heavily netted skin. Rich sweet spicy flesh with strong aroma. Prolific variety yielding 4-5 melons per plant. Early variety good for cooler areas with short growing seasons. 80-85 days. 45 seeds

**HA'OGEN** Heirloom originating from Hungary. This melon was later shipped to Israel by Hungarian Jews where it was mistakenly believed to have originated. Smooth, speckled green fruit up to 1.5kg with sweet, creamy, spicy green flesh. Skin changes from green to yellow-pale orange when mature. Produced on vigorous vines with up to 10 fruit per plant. Early to mature. Ideal for cool areas with short growing seasons. 80-90 days. 35 seeds

**MANGO** Heirloom first discovered in China & introduced onto the market in the 1880's. Also known as 'Vine Peach' or 'Vegetable Orange'. Fruit the size of a peach & appearance & texture of a mango. Not as full flavoured as other melons (quite bland) with a slight tartness. Ideal for making fruit wine, and as a substitute for apples in 'apple' jelly, lemons in 'lemon' butter or for sweet or spicy pickles. May also be sliced & fried like eggplant. Prolific. Easy to grow. Best grown on trellis. Drought tolerant. Stores well. 80-90 days. 60 seeds

**PIEL DE SAPO** Spanish heirloom also known as 'The Santa Claus Melon' or 'Christmas Melon'. Its

name is derived from its blotched green skin which in Spanish is translated as 'Toad Skin'. Its English name 'Christmas Melon' is in recognition of its long storage ability, staying viable 'until Christmas' in the northern hemisphere. Large long & oval shaped melon up to 30cm across with thick, green striped outer rind and pale green to white, sweet inner flesh. Because of the melon's thick skin, it does not release the tell-tale aroma when ripe, but rather becomes soft and vibrant yellow at the blossom end. 60 seeds

# KALE

(Brassica oleracea var. acephala) Tolerates cooler weather - mature plants tolerate frost. Pick whilst young for use in salads, or leave to mature for use like cabbage. High in nutrients. Use in salads, stir-fry or cooked. Excellent poultry feed. Approx. 250 seeds / gram

### SOW WHEN

**TEMP** SOIL

**Cool:** Early Spring to Early Winter

8-28°C

**Warm:** Early Spring to Early Winter

**Tropical:** Mid Autumn to Early Spring

### COMPANIONS

**LIKES:** Bean, Beetroot, Celery, Chamomile, Dill, Hyssop, Mint, Nasturtium, Onion, Oregano, Potato, Sage

**DISLIKES:** Grape, Strawberry, Tomato

**DWARF BLUE CURLED** Heirloom. Heavily curled, light green leaves with bluish tinge & short, white stems. Hardy, low growing plant to 30cm. Great for growing in pots or the small garden. 50-60 days. 800 seeds

**EARLY HANOVER** Also known as 'Premier'. Heirloom. Attractive plant with copious amounts of flavourful, smooth green leaves with scalloped edges. More smooth and tender than other kale varieties making it ideal for juicing, salads etc. Vigorous & fast growing. Early variety. 60 days. 600 seeds

**GREEN COSSACK** Heirloom. Broad, feathered greyish blue/green with greenish white veins. Sweet & tender when harvested young. Very cold tolerant. 1000 seeds

**LACINATO** Italian heirloom dating back to 1825. Also known as 'Black Cabbage' or 'Tuscany'. Plant forms no central head but rather grows upwards like a palm tree - pick leaves as required. Plant height to 1.5m. Leaves are narrow, crinkled, dark green & highly nutritious. Plant will continue to grow even when covered with snow. 600 seeds

**RED RUSSIAN** Russian heirloom. Also known as 'Ragged Jack'. Rare, attractive variety. Red frilly, oak-shaped leaves with purple veins; bitter free. Hardy variety. 55 days. 600 seeds

## DID YOU KNOW.....

With the onset of cool weather, kale plants lose their chlorophyll which makes them appear green, to reveal hidden colours such as pink, lavender, red & purple.

**SIBERIAN** Extremely hardy. Quick growing. Large, blue-green, slightly curled leaves, shaped like a feather. Non-heading. Grows to 40cm. Tolerates cooler weather. Use raw in salads, or cooked. Excellent poultry feed. 60-70 days. 350 seeds

**SQUIRE** Heirloom. Annual. Heavily fringed/curled blue/green leaves. Attractive variety. Sweet & tender.

Slow to bolt. Tolerates cooler weather. Use raw in salads, or cooked. Excellent poultry feed. 60-70 days. 600 seeds

**VATES BLUE CURLED** A type of Scotch Kale. Vigorous plant to 40cm high with heavily curled, blue-green leaves on short stem. Rich in vitamins. Withstands cold weather. Does not yellow with frost or heat. 55 days. 1000 seeds

### DID YOU KNOW.....

The leaves of kale & collards toughen as they mature. For salad use, it is best to select the smaller, younger leaves, with larger leaves to be left for cooking like cabbage or spinach.

## KOHL RABI

(Brassica oleracea var. gongyolodes) Used in salads, steamed or baked. Small tops used in salads when young. Best picked early from 6cm diameter. Approx. 250-320 seeds / gram

SOW WHEN	SOIL
TEMP	
Cool: Late Winter to Mid Spring;	10-30°C
Mid Summer to Early Autumn	
Warm: Late Winter to Mid Spring;	
Mid Summer to Early Autumn	
Tropical: Late Summer to Late Autumn	

**COMPANIONS**  
LIKES: Beetroot, Onion  
DISLIKES: Bean, Capsicum, Tomato

**PURPLE VIENNA** Heirloom first introduced in 1863. Purple coloured bulbs formed above ground with green-white flesh. 1200 seeds

**WHITE VIENNA** Heirloom dating back to 1859. Pale-green, smooth & flattened bulbs with white, sweet flesh. 50-65 days. 1000 seeds

## LEEK

(Allium ampeloprasum var. porrum) Mature plants tolerate frost. Use in salads, soups etc. Approx. 280-400 seeds / gram

SOW WHEN	SOIL
TEMP	
Cool: Mid Spring to Early Autumn	7-30°C
Warm: Early Spring to Mid Autumn	
Tropical: Mid Autumn to Early Winter	

**COMPANION PLANTS**  
LIKES: Carrot, Celeriac, Celery, Onion  
DISLIKES: Broad Beans, Broccoli

**AMERICAN FLAG** Heirloom originating from America. Long thin stems with dark green leaves. Winter hardy. Resistant to disease. 100-110 days. 500 seeds

**BULGARIAN GIANT** Extra long, thin, greenish white stems with light green leaves. Quick growing; early to mature. Renown for its consistent length of stem and excellent flavour. Harvest over a long season. 110 days. 450 seeds

**ELEPHANT** Medium stems with dark green leaves. Early to mature. High yields. 450 seeds

## LETTUCE

## BUTTERHEAD

(Lactuca sativa) Used raw in salads, or cooked. Pick outside leaves as required, or leave to form head. Approx. 520-1000 seeds / gram

SOW WHEN	SOIL
TEMP	
Cool: Late Winter to Late Autumn	8-28°C
Warm: Late Winter to Late Autumn	
Tropical: Late Summer to Late Spring	

**COMPANIONS**  
LIKES: Bean, Beetroot, Cabbage, Carrots, Cherry, Chervil, Cucumber, Onions, Parsnip, Pea, Radish, Tall Flowers  
DISLIKES: Parsley

**BROWN MIGNONETTE** Heirloom dating back to 1898. Butterhead type. Light green, slightly crumpled, soft leaves with a brown tinge. Good summer variety. Tolerates heat well. Slow to bolt. Pick outside leaves as required or leave to form small heart. Used raw in salads, or soups. 50-60 days. 280 seeds

**BUTTERCRUNCH** Heirloom. Butterhead type. Crisp, light green, fan shaped leaves with small heart. Flavour is sweet. Bolt resistant. Heat tolerant. 50-75 days. 2000 seeds

**FOUR SEASONS** French heirloom first introduced in 1885. Highly attractive magenta coloured outer leaves, with pale green / cream coloured inside leaves. Able to be grown all year round. 1200 seeds

**GREEN MIGNONETTE** Butterhead type. Light green, slightly crumpled, soft leaves. Good summer variety. Pick outside leaves as required or leave to form small heart. Used raw in salads, or soups. 50-60 days. 280 seeds

## LETTUCE COS

(Lactuca sativa) Used raw in salads, or cooked. Pick outside leaves as required, or leave to form head. Approx. 520-1000 seeds / gram

SOW WHEN	SOIL
TEMP	
Cool: Late Winter to Late Autumn	8-28°C
Warm: Late Winter to Late Autumn	
Tropical: Late Summer to Late Spring	

**COMPANIONS**  
LIKES: Bean, Beetroot, Cabbage, Carrots, Cherry, Chervil, Cucumber, Onions, Parsnip, Pea, Radish, Tall Flowers  
DISLIKES: Parsley

**CIMMARON** Tall, copper red leaves. Slow to bolt. Resistant to cold & heat. Dates back to 18th century. 64 days. 1500 seeds

**FRECKLES** Austrian heirloom with name 'Forellenschuss' meaning 'speckled like a trout's back'. Cos type. Large, flat, green leaves with deep red flecks. Attractive variety. 45-60 days. 1500 seeds

### DID YOU KNOW.....

The name 'lettuce' originates from the Latin word 'lactuca' which refers to the white liquid which oozes out of its broken or crushed stems.

**PARIS COS WHITE** Dates back to 1802 &

introduced by Bernard M'Mahon of Philadelphia. Great for caesar salads etc. Upright plant, with slightly savoyed outer leaves 20-25cm in length, & a tight, white blanched heart. 60-70 days. 1000 seeds

**PARRIS ISLAND COS** First introduced in 1952 & named after Parris Island off the coast of South Carolina. Dark green, upright, slightly savoyed leaves, producing heads to 30cm, with a creamy, white heart. Renowned for its crisp leaves & sweet flavour. Vigorous growth. Resistant to tip burn & mosaic. Slow to bolt. 68-80 days. 2500 seeds

## LETTUCE CRISPHEAD

(Lactuca sativa) Used raw in salads, or cooked. Pick outside leaves as required, or leave to form head. Approx. 520-1000 seeds / gram

SOW WHEN	SOIL
TEMP	
Cool: Late Winter to Late Autumn	8-28°C
Warm: Late Winter to Late Autumn	
Tropical: Late Summer to Late Spring	

**COMPANIONS**  
LIKES: Bean, Beetroot, Cabbage, Carrots, Cherry, Chervil, Cucumber, Onions, Parsnip, Pea, Radish, Tall Flowers  
DISLIKES: Parsley

**GREAT LAKES** Heirloom. Large, crisp, firm lettuce. Heading type. Tolerates warm conditions. Slow to bolt. First introduced in 1951. 80-95 days. 1800 seeds

**HANSON IMPROVED** Heirloom first introduced prior to 1855. Large, crisp, yellow-green heads with frilled leaves & white interior. Resistant to tip burn. Thrives in cool weather but also withstands hot conditions. 65-80 days. 2000 seeds

**REINE DES'GLACES** French heirloom dating back to 1885. Also known as 'Ice Queen'. Iceberg type. Beautiful, deeply notched leaves with medium to dark green head 25-30cm across; leaves resemble curly endive. Cold hardy, continuing to grow when others stop. Remains crisp & sweet even on hot days. Higher in choline than any other lettuce. Slow to bolt. Disease resistant. 62 days. 2500 seeds

## LETTUCE LOOSELEAF

(Lactuca sativa) Used raw in salads, or cooked. Pick outside leaves as required, or leave to form head. Approx. 520-1000 seeds / gram

SOW WHEN	SOIL
TEMP	
Cool: Late Winter to Late Autumn	8-28°C
Warm: Late Winter to Late Autumn	
Tropical: Late Summer to Late Spring	

**COMPANIONS**  
LIKES: Bean, Beetroot, Cabbage, Carrots, Cherry, Chervil, Cucumber, Onions, Parsnip, Pea, Radish, Tall Flowers  
DISLIKES: Parsley

**BLACK SEEDED SIMPSON** Introduced 1850 by Peter Henderson & Co. Light green, crumpled leaves with sweet flavour. Slow to bolt. Able to withstand some drought & heat. 45 days. 2500 seeds

**DRUNKEN WOMAN** Italian heirloom. Bright

green leaves with deep bronze, heavily fringed leaves. Attractive variety. Slow to bolt. 50 days. 1200 seeds

**GREEN OAK** Heirloom first introduced in 1886. Green, oak-leaf shaped leaves. Bitter free. 40-60 days. 1800 seeds

## DID YOU KNOW.....

Looseleaf lettuce types are generally easier to cultivate, even in poor soil, and tend to resist bolting longer than others when the weather turns hot & dry.

**LOLLO BIONDA** Italian heirloom. Deeply curled, light green, open hearted lettuce. Attractive variety, used in mesclun salad. Pick outside leaves as required. 45-60 days. 1000 seeds

**LOLLO ROSSA** Italian heirloom. Deeply curled, open hearted lettuce; light green centre touched with bright red tips. Attractive variety, used in mesclun salad. 45-60 days. 1200 seeds

**PRIZEHEAD** Heirloom. Large, maroon tinted, lightly frilled leaves. Bitter-free. 1800 seeds

**RED VELVET** Heirloom. Highly attractive, deep red / maroon leaves with back of leaves tinged green. Slow to bolt. Pleasant, chewy texture. 55 days. 1200 seeds

**ROYAL OAK** Heirloom dating back to 1771. Attractive, large, dark green, heavily serrated oak-shaped leaves with thick, sweet mid-ribs. Non-bitter even during hot weather. Slow to bolt. 50 days. 2500 seeds

## MARROW

(Cucurbita pepo) Likes rich well drained soil. Keep well watered - do not allow to dry out. Pick from 15cm onwards. Sow after frost or indoors 5 weeks before transplanting. Requires minimum soil temperature of at least 15°C for germination to occur.

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Mid Spring to Early Summer	21-35°C
<b>Warm:</b> Early Spring to Mid Summer	
<b>Tropical:</b> Mid Winter to Early Autumn	

**COWLARDS GREEN** Heirloom variety handed to us by a local seed saving group. Oval, mid to dark green, cylindrical with slight ridges. Best harvested when 8-12cm long for use like zucchini. 18 seeds

**LONG GREEN** English heirloom. Dark green fruit with thin, cream stripes. Bushy plant. Prolific. Similar to zucchini but with larger fruit & drier flesh. Best harvested young. Easy to grow. Ideal for stuffing, baking, boiling or steaming and served with butter. Harvest regularly for continuous crop. 18 seeds

**MELBOURNE CREAM** Rare, heirloom variety. Light green, cylindrical fruit best harvested when 12-15cm long. Excellent, creamy texture with nutty flavour. Best harvested young. Use in dishes like zucchini. 12 seeds

## LUFFA

(Luffa aegyptica) Sow after frost. To make sponge, leave fruit to mature, then harvest, and soak in water ('ret') until

soft tissue breaks down. Remove, clean, and use as sponge or filter. Approx. 20 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Mid Spring to Early Summer	20-30°C
<b>Warm:</b> Early Spring to Early Summer	
<b>Tropical:</b> Late Winter to Early Autumn	

**LUFFA** (Luffa aegyptica) Heirloom dating back to 1888; also known as "Bathroom Sponge" or 'Dishwash Gourd'. Vine. Leave to mature, or fruit picked when young (10-12cm) & eaten like zucchini. Young shoots, leaves & flowers also edible. 40 seeds

## MUSTARD GREENS

(Brassica juncea) Quick growing. Harvest leaves from 10cm. Remove outside leaves as required. Leaves & flowers used in salads, stir-fry or cooked (cooking removes hot flavour). Approx. 600 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Any	10-35°C
<b>Warm:</b> Any	
<b>Tropical:</b> Any	

**COMPANIONS**  
**LIKES:** Fruit Trees, Grapes

**BLACK** (Brassica nigra) Heirloom from the Middle East. Annual. Grown for its seeds which are used to flavour dishes & is also a rich source of oil (approx. 46%) and protein (approx. 43%). More pungent than white mustard with higher yields per plant. May also be used for sprouting. Plant 40-80cm tall. 45-70 days. 800 seeds

**DEEP PURPLE** (Brassica juncea) Dark, deep purple. Flattened leaves with slight ridges & medium to hot flavour. One of the darkest coloured leaves of all the mustard greens. Leaves & flowers used in salads, stir-fry or cooked like spinach. 55 days. 800 seeds

**FLORIDA BROADLEAF** Heirloom. One of the first greens to appear in Spring. Open-hearted, spicy, broad, flattened, light green leaves up to 20cm wide and across with greenish to white mid-ribs. Quick growing. Harvest leaves from 10cm. Remove outside leaves as required. Leaves and flowers used in salads, stir-fry or cooked like spinach. 55 days. 1500 seeds

**KOMATSUNA** (Brassica campestris) Also known as Mustard-Spinach, or Tendergreen. Large, thick, smooth leaves on upright plant. Milder than regular mustard greens. Heat & cold tolerant. Leaves & flowering stems used raw or cooked, with flavour between mustard greens & cabbage. 1000 seeds

**LIME STREAKS** Long, thin, bright green leaves with heavily serrated edges. 30-50 days. 1000 seeds

**OSAKA PURPLE** Heirloom. Large, oval green leaves with purplish tinged leaves. Mild flavour. Remove outside leaves as required. Leaves and flowers used in salads, stir-fry or cooked. Very hardy - will withstand frost & temperatures to minus 14°C; also resistant to summer heat. 40-60 days. 700 seeds

**RED GIANT** Japanese heirloom. Large, purple-red, frilled leaves with white mid-ribs. Plant height to 1m. Flavour is hot & spicy, and is more insect resistant than other varieties. Remove outside leaves as required. Slow to bolt. Use in salads, stir-fry or cooked (cooking removes hot flavour). 30-50 days. 1200 seeds

**SOUTHERN GIANT CURLED** South American heirloom dating back prior to 1880. Large, wide, long, oval bright green leaves, curled & fringed on the edges. Slow to bolt. 50-70 days. 1500 seeds

**SPICY ORIENTAL** A great mustard for micro greens or sprouts, adding a hot, sharp, spicy flavour to salads and sandwiches. Leaves become milder when left to mature. 800 seeds

**TOKYO BEKANA** Heirloom also known as 'Small Chinese Cabbage'. Light green, lightly curled and ruffled, delicate leaves similar to lettuce in texture. Sweet, mild flavour which is neither hot or bitter. Harvest young leaves as required for use cooked, in salads etc. Slow to bolt. Hardy variety. Frost tolerant. An excellent green to grow throughout the winter. 45-50 days. 750 seeds

## OKRA

(Abelmoschus esculentus) Also known as "Lady's Fingers". Annual bush to 1m. Tolerates cooler conditions. Similar growing conditions to tomato. Use in salads, soups or casseroles. Approx. 15-18 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Mid Spring to Early Summer	18-32°C
<b>Warm:</b> Early Spring to Early Summer	
<b>Tropical:</b> Late Winter to Late Summer	

**CLEMSONS SPINELESS** Green pods. First introduced in 1939 by Clemson Seed Co. 50 seeds

**JING ORANGE** Asian heirloom. Unique & attractive, bright reddish orange pods to 15cm. Superior in flavour than green varieties. Prolific. Tolerates dry conditions. Easy to grow. 60 days. 50 seeds

**RED BURGUNDY** Annual bush to 1m, with attractive red pods. Tolerates cooler conditions than other varieties. Produces over a long period. 55-70 days. 48 seeds

## ONION

(Allium cepa) Used fresh in salads, cooking or bulbs pickled. Tolerates cooler conditions. Approx. 250-300 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Mid Autumn to Early Spring	7-30°C
<b>Warm:</b> Early Autumn to Mid Winter	
<b>Tropical:</b> Late Summer to Late Autumn	

**COMPANIONS**  
**LIKES:** Beetroot, Cabbage, Carrot, Lettuce, Potato, Strawberry, Tomato, Chamomile, Summer Savory  
**DISLIKES:** Bean, Pea

**AUSTRALIAN BROWN** Heirloom first introduced in 1897 by W. Atlee Burpee after obtaining the seed from C.C. Morse & Co. (later Ferry Morse Seed Co.) Medium to large yellow-brown bulbs with thick, brown skin & superb, pungent flavour. Firm flesh - especially useful when frying onion rings. A good, all-purpose onion. Intermediate day onion. Stores well - up to 7 months. 380 seeds

**CREAMGOLD (NOT TO WA)** Also known as 'Pukekhoa'. Large, globe-shaped, light brown coloured onion. Stores well. Popular variety. 550 seeds

**ITALIAN LONG KEEPER** Very large, round, golden-brown bulb with dense, white flesh & a sweet pungency. Late maturing. Excellent storage. Best sown in Spring & Summer with Autumn harvest. 500

seeds

**STUTTGART LONG KEEPER** German heirloom. Large, pale yellow skinned, flat-round onion with crisp & full flavour well suited to long-term storage. Tolerates cooler conditions. Bolt resistant. 90 days. 280 seeds

# PARSNIP

(*Pastinaca sativa*) Withstands cooler conditions & frost. May be roasted, mashed with carrots, boiled or baked. Approx. 200-240 seeds / gram

SOW WHEN TEMP	SOIL
Cool: Late Winter to Late Summer Warm: Mid Winter to Early Autumn Tropical: Early Autumn to Late Winter	7-20°C

### COMPANIONS

**LIKES:** Bean, Leek, Onion, Pea, Radish, Rosemary, Sage, Tomato **DISLIKES:** Dill

**HARRIS MODEL** Heirloom also known as 'Early Short' or 'Jung's White Sugar'. Smooth, white roots to 30cm long with sweet, nutty flavour & tender, fine-grained flesh. Tapered root with shoulders up to 8cm across. Little side shooting. Easy to pull. 85-130 days. 500 seeds

**TURGA** Hungarian heirloom. Vigorous plant producing large, broad shouldered, smooth, bright white roots to 18cm with little forking. Rich, sweet, nutty flavour. Hardy variety - tolerates heavy soils well. 100-110 days. 150 seeds

**WHITE SPEAR** Giant, mammoth parsnip - show winner! Double the size of regular varieties. 150 seeds

# PEA, BUSH

(*Pisum sativum*) Use in salads or cooked. Approx. 3-5 seeds / gram.

SOW WHEN TEMP	SOIL
Cool: Early Winter to Mid Spring Warm: Late Summer to Late Winter Tropical: Early Autumn to Early Winter	8-25°C

### COMPANIONS

**LIKES:** Broccoli, Brussel Sprouts, Cabbage, Carrots, Cauliflower, Celery, Lettuce, Parsnip, Potato, Radish, Cucumber, Corn, Beans **DISLIKES:** Garlic, Onions, Shallots, Potatoes, Gladiolus

**GREENFEAST** (NOT TO TAS) Heirloom. Popular variety. Bush type growing from 75-100cm. Heavy producer with pods 5-7cm in length. 65 days. 250 seeds

**MASSEY** (NOT TO TAS) Also known as 'Melbourne Market'. Dwarf type; bush 60-75cm high. Matures quickly. Suited to cold areas, hardy bush, disease resistant. Pick when pods have filled out. 250 seeds

**NOVELLA LEAFLESS** (NOT TO TAS) Unusual plant with masses of strong tendrils instead of leaves. Plant to 70cm high with no staking required as tendrils cling together. Very disease resistant due to lack of leaves - great for growers with powdery mildew problems. High yields. Produces over a long season. Harvest pea pods for shelling or tendrils to add interest to salads, stir-fry etc. 65-70 days. 80 seeds

**SUGARSNAP** (NOT TO TAS) Stringless, green, edible pod to 7cm in length. Bush 50cm in height. Early

bearing. Resistant to powdery mildew. Use whole pod in salads, stir-fry or soups & stews. 55-60 days. 180 seeds

**YORKSHIRE HERO** (NOT TO TAS) Heirloom dating back to 1873. Light green, pale coloured, very sweet peas remaining tender even after harvest. Produces over a long season. 100 seeds

# PEA, CLIMBING

(*Pisum sativum*) Requires staking. Use raw in salads, or cooked. Approx. 3-5 seeds / gram

SOW WHEN TEMP	SOIL
Cool: Early Winter to Mid Spring Warm: Late Summer to Late Winter Tropical: Early Autumn to Early Winter	8-25°C

### COMPANIONS

**LIKES:** Broccoli, Brussel Sprouts, Cabbage, Carrots, Cauliflower, Celery, Lettuce, Parsnip, Radish **DISLIKES:** Onions, Shallots, Turnip

**ALDERMAN** (OK TAS) Heirloom dating back to 1878. Also known as 'Telephone'. Climbing type to 2m. Highly productive producing abundant, dark-green, very sweet peas with pods to 13cm in length. 70 days. 210 seeds

**BLUE PODDED CAPUCYNER** (NOT TO TAS) Heirloom dating back to Holland in 1863 and developed by the Capucan monks; with earlier references dating back to 1580's. Semi-dwarf / climbing bush with bi-coloured pink & red flowers fading to inky blue as they mature. Edible seeds best left for use as dry pea in soups etc. Highly attractive. 145 seeds

**PURPLE PODDED** (NOT TO TAS) Heirloom dating back to 1882. Climbing type, with purple flowers & dark purple pods. Ideal for shelling or left to mature & used as dried pea. Attractive in the garden. 60-70 days. 120 seeds

# SNOWPEA

(*Pisum sativum*) Use in salads or cooked. Approx. 3-5 seeds / gram.

SOW WHEN TEMP	SOIL
Cool: Early Winter to Mid Spring Warm: Late Summer to Late Winter Tropical: Early Autumn to Early Winter	8-25°C

### COMPANIONS

**LIKES:** Broccoli, Brussel Sprouts, Cabbage, Carrots, Cauliflower, Celery, Lettuce, Parsnip, Potato, Radish, Cucumber, Corn, Beans **DISLIKES:** Garlic, Onions, Shallots, Potatoes, Gladiolus

**MELTING MAMMOTH** (NOT TO TAS) Heirloom first introduced prior to 1896. Climbing type to 2m. Stringless pods, heavy bearing, early variety. Sweeter & more tender than others. White flower. 65-75 days. 200 seeds

**OREGON** (NOT TO TAS) Bush type to 70cm with smooth flat pods. Used raw, in salads, or cooked. Resistant to disease and bears heavily over extended period. White flowers. Popular variety. 58-70 days. 180 seeds

**OREGON GIANT** (OK TAS) Large, sweet, flat pods to 13cm long & almost 3cm across on plant to 1m high. Early variety producing over a long season. Disease resistant. 150 seeds

**YAKUMO GIANT** (NOT TO TAS) Climbing type to 1.5-2m producing large, flat pods with khaki-green seeds. Grown for both pods & peas which have sweet flavour. Heat tolerant. High yields. Flowers are purple. 65-75 days.. 100 seeds

# PRESERVING MELON

SOW WHEN TEMP	SOIL
Cool: Mid Spring to Early Summer Warm: Early Spring to Early Summer Tropical: Mid Winter to Late Summer	20-32°C

### COMPANIONS

**LIKES:** Radish, Corn, Peanut, Sunflower

## PRESERVING MELON - RED SEEDED

**CITRON** (*Citrullus vulgaris*) Heirloom, used in the 19<sup>th</sup> century for making preserves, pies etc. Round fruit 4-5kg, with firm, white flesh - (similar to the rind of a watermelon), and bright red seeds. Long vines. Hardy. Stores well. 15 seeds

# PUMPKIN

Approx. 4-7 seeds / gram

SOW WHEN TEMP	SOIL
Cool: Mid Spring to Early Summer Warm: Early Spring to Early Summer Tropical: Late Winter to Early Autumn	20-30°C

### COMPANIONS

**LIKES:** Bean, Mint, Nasturtium, Radish, Corn **DISLIKES:** Potato

**ANNA SWARTZ HUBBARD** (*Cucurbita maxima*) Family heirloom handed to Anna Swartz in the 1950's. Small to medium, dark blue-green, mottled skinned fruit to 2-4kg, with very sweet, yellow flesh. Hard skin with excellent storage. Vine. 90-100 days. 10 seeds

**AUSTRALIAN BUTTER** (*Cucurbita maxima*) Australian heirloom. Large, yellow fruit with thick, dry, orange flesh & small seed cavity. Weighs up to 6kg. Stores well. 90-100 days. 12 seeds

**BLACK FUTSU** (*Cucurbita moschata*) Rare & unusual Japanese heirloom. Highly attractive, small to medium, flattened round fruit with heavy ribbing. Begins black in colour maturing to a shady grey-orange then a tan, light brown colour upon full maturity. Thin, exceptionally sweet flesh with large seed cavity. Has an interesting and unusual appearance of being mouldy even though it is not. Stores up to 6 months. Excellent when roasted with skin on. High yields with 4-5 fruit per plant. 100 days. 15 seeds

**BLUE HUBBARD** Heirloom dating back to 1798. Blue-grey, warted, oval fruit, with thick, bright orange-yellow, fine textured flesh. Stores well. Used in pies, baked or stewed. Originated in the West Indies. 100-120 days 15 seeds

### HISTORY

**PUMPKIN: BLUE HUBBARD**

This fruit was carried from the West Indies to



New England in 1798 by a sea captain whose name has since been lost. A few gardeners from Massachusetts grew it, saving the seeds from year to year.

Around 1842, Mrs. Elizabeth Hubbard noticed its excellent eating qualities and handed it onto her neighbour who was a seedsman. He named it after Mrs. Hubbard and multiplied the seed for sale. The "Hubbard" went on to win acclaim & to become highly regarded for its fine grained, very dry, sweet, rich flavour.

**BUTTERNUT LONGNECK** (*Cucurbita moschata*) Similar to regular butternut pumpkin but with a much longer neck. Ideal for soups. Pies, or roasting. Great for spirals. 15 seeds

**CANADA CROOKNECK** (*Cucurbita moschata*) Heirloom dating back to 1827. Rare. Creamy, yellow, bottle shaped fruit (similar to 'Waltham Butternut') with a curved neck & smooth, thin skin; 1-2kg. Creamy texture with nutty, sweet flavour. Excellent roasted or mashed. Disease resistant. Well suited to a wide range of climates & conditions. Stores well. Vine. 90-100 days. 22 seeds

**CHIRIMEN** (*Cucurbita moschata*) Japanese heirloom first introduced into European market by Aggeler & Musser Seed Co in 1922. Medium, dull orange, globe shaped, ribbed fruit with warty skin to 4kg with deep orange, moist, sweet flesh. Excellent flavour. 95-110 days. 20 seeds

**DILLS ATLANTIC GIANT** (*Cucurbita maxima*) Huge, pale yellow-orange fruit, with smooth skin & slight ribbing, to 200kg (current record as large as 485kg) & 1.5m across produced on vines to 4m long. Despite its size, flesh is smooth, creamy & full of flavour. Proper nurturing will produce a huge show pumpkin. For use in pies, carving, decoration etc. 110 days. 8 seeds

**FORDHOOK ACORN** (*Cucurbita pepo*) Heirloom first introduced by W. Altee Burpee of Philadelphia & named after their Fordhook trial grounds in Pennsylvania. Cream coloured, acorn shaped fruit to 1kg produced on vining plant. Very popular in the 1920's; rare today. 56-85 days. 20 seeds

**GALEUX D'EYSINES** (*Cucurbita maxima*) French heirloom meaning 'embroidered with warts' from 'Eysines' a small city in the south west of France. Pale, salmon-peach fruit with heavily protruding warted skin; 5-10 kg. Sweet, moist, orange flesh; great for soups. Best harvested before over-maturing as warts continue to grow & cover the entire fruit. 90-100 days. 18 seeds

**GOLDEN HUBBARD** (*Cucurbita maxima*) Heirloom first introduced in 1898 by DM Ferry of the Ferry-Morse Seed Co. Also known as 'Red Hubbard' or 'Genesee Red Hubbard'. Attractive, golden orange, tear drop shaped fruit with moderate warting to 5kg. Thick, dry, golden flesh with fine texture & excellent flavour. Stores well. 90-105 days. 18 seeds

**GOLDEN NUGGET** (*Cucurbita maxima*) Early, compact, bush variety, with small flat, roundish shaped fruits. Fibreless flesh & nutty flavour. Heavy producer. Popular variety. Stores well. 75-95 days. 15 seeds

**GRAMMA TROMBONE** Heirloom. Large, long-necked, cylindrical, trombone shaped, bluish-green fruit to 60cm with pale green striping ripening to orange. The fruit has very thin skin making it very easy to peel, and sweet, moist flesh with excellent, rich flavour. Excellent eating ideal for mashing, pies, scones & soup. Has solid 'neck' making it easy for cutting. Short term storage only. 90-100 days. 25 seeds

**GREEN HUBBARD** (*Cucurbita maxima*) Heirloom dating back to 1798. Large, dark green, knobly fruit with sweet, dark orange flesh. Stores well. 110 days. 25 seeds

### DID YOU KNOW?

The name 'pumpkin' comes from the Greek 'pepon' meaning large melon.

**HEIRLOOM MIX** Mix of various colours, shapes & sizes of heirloom pumpkin. Taken from a mix of up to 30 different varieties. 25 seeds

**KUMI KUMI** (*Cucurbita pepo*) Heirloom; also known as 'Kamo Kamo' by Maori people. Heavily ribbed, speckled green, soft skinned fruit 20-30cm across with nutty flavour. Harvest when young for use like zucchini or marrow, or leave to mature for use like pumpkin. Trailing vine. 100 days. 22 seeds

**LITTLE TROMBONE** (*Cucurbita moschata*) Italian heirloom. Also known as 'Rampicante' or 'Climbing Zucchini', or 'Albenga Pumpkin'. When harvested young for use like zucchini, fruit is long, slender & green with flattened bulb at end & tender, mild flavoured flesh. Large yellow flowers are ideal for stuffing. When left to mature for use as pumpkin, brown, thin skinned fruit reaches up to 1m in length. Similar in appearance to regular 'Butternut' pumpkin, but with much longer neck. Ideal for cutting as seeds are only in bulb at bottom. Trailing vine. Popular variety. 25 seeds

**LONG ISLAND CHEESE** (*Cucurbita moschata*) Heirloom dating back to 1824, & named for its resemblance to a cheese wheel. Attractive, medium to large, flattened, slightly ribbed fruit with light orange skin & sweet, deep orange flesh. Weight to 4kg. Stores well. 90-100 days. 12 seeds

**MARINA DI CHIOGGIA** (*Cucurbita maxima*) Italian heirloom. Highly attractive, large, grey-green, heavily ridged & bumpy fruits to 4.5kg with sweet, dry flesh. Flavour improves with storage. Stores well. 95-100 days. 12 seeds

**MUSQUEE DE PROVENCE** (*Cucurbita moschata*) French heirloom first introduced to seed customers in 1899 by Vaughan's seed Store in Chicago. Very large, attractive flat fruit to 10kg resembling large wheels of cheese. Colour is olive green ripening to a deep, rich brown when fully mature. Ideal for baking. Stores well. 100-110 days. 12 seeds

**PINK BANANA JUMBO** (*Cucurbita maxima*) Heirloom over 100 years old. Large, oval, slightly curved, pink-orange fruit up to 15kg & 75cm length with sweet, dry, orange flesh. Vigorous vine. Used in pies or baking. 100-110 days. 20 seeds

**QUEENSLAND BLUE** (*Cucurbita maxima*) Australian heirloom dating back to 1920's. Medium to large, smooth, blue-grey & heavily ribbed fruit to 4.5kg with thick, sweet, dry, deep orange flesh. Ideal for roasting or soups. Stores well - up to 6 months. 100-110 days. 10 seeds

**RED KURI** (*Cucurbita maxima*) Japanese heirloom also known as 'Orange Kokkaido', 'Uchiki Kuri' or 'Baby Red Hubbard'. Brilliant red-orange, tear-drop shaped fruit to 5kg with golden, smooth, dry, sweet flesh similar to the taste of chestnuts. Easy to peel. Vine. High yields even in cool areas - produces well right up to the first frost. Stores well. 92-100 days. 15 seeds

**RED WARTY THING** (*Cucurbita maxima*)

Heirloom first introduced in 1897 by James J. H. Gregory of Marblehead. Also known as 'Victor' due to the number of first prize ribbons won at agricultural shows. Huge, orange fruit covered with small bumps or 'warts' with hard, thick rind. 90-100 days. 12 seeds

**ROUGE VIF D'ETAMPES** (*Cucurbita maxima*) Old French heirloom once the most popular pumpkin in the central market in Paris during 1880's. First introduced into the wider market by W. Atlee Burpee in 1833. Translates as 'Deep Red' & also known as 'Cinderella Pumpkin' being the pumpkin described as the coach in the story. Attractive, large, flattened, ribbed, deep red/orange fruit to 50cm across & up to 15kg. Average eating qualities with flesh best used in pies & pumpkins; great ornamental. Vine. 12 seeds.

**SIBLEY** (*Cucurbita maxima*) Heirloom first introduced in 1887 by Hiram Sibley & Co. but dates back prior to this with seed being obtained from an elderly woman in Van Dinam, Iowa who had grown the variety for more than 50 years previously. Also known as 'Pike's Peak'. Slate-blue, tear-drop shaped, elongated fruit 3-5kg with intense, sweet, orange flesh with little fibre. Flavour sweetens upon storage. Vining plant to 5m. Stores well. 100-110 days. 12 seeds

**SILVER EDGED** (*Cucurbita maxima*) Heirloom first introduced by Gill Brother's Seed Company. Flattened, bluish-grey fruit with deep orange, thick flesh, creamy, dry, fine-grained texture (no strings), and a rich buttery flavour similar to sweet potato. Ideal for soups, muffins, mashed, baked etc. Vigorous, spreading vine. Stores for up to 8 months due to hard shell when mature. 100-110 days. 18 seeds

**STRAWBERRY CROWN** (*Cucurbita maxima*) Heirloom from Brazil. Very attractive, dusky brown coloured fruit to 3kg with a hint of strawberry colour at the crown. Excellent rich flavour without the strings. Best when baked & roasted or in soups. Trailing vine. Early variety. 90 days. 8 seeds

**TRIANGLE** (*Cucurbita maxima*) Australian heirloom; rare. Also known as 'Tristar of Shamrock' or 'Triangle'. Light green, lobed fruit, 3-5kg with sweet, thick, orange, fine grained flesh. Interesting & unusual with appearance similar to a 3 leaf clover. Stores well. 110-120 days. 22 seeds

**TURKISH TURBAN** (*Cucurbita maxima*) French heirloom introduced 1817. Pumpkin with distinctive top cap, & unusual orange, red, white & green markings on skin. 25cm diameter. Trailing vine to 3m. Stores well. Use cooked or as decoration. 80-120 days. 18 seeds

**WALTHAM BUTTERNUT** Originated with Joseph Breck and Sons, Boston in the early 1930's. Pear shaped fruit with smooth light brown skin & small seed cavity. Rich orange flesh & nutty flavour. Vigorous vines. Heavy producer. 80-100 days. 35 seeds

**WHANGAPARAOA CROWN** (*Cucurbita maxima*) New Zealand heirloom first discovered in from Whangaparaoa Bay. Also known as 'New Zealand Storage Pumpkin'. Grey, thin skinned, flattened, slightly ridged fruit with sweet, dry, deep orange flesh. Small seed cavity. Ideal for roasting. Stores well. 115 days. 12 seeds

**WINDSOR BLACK** (*Cucurbita maxima*) Deep green, almost black skinned fruit with rich, orange flesh. Excellent all-round pumpkin for baking, mashing, pies etc. 12 seeds

**WINTER LUXURY** (*Cucurbita pepo*) Also known as 'Livingston's Pie'. First introduced in 1893 by

Johnson & Stokes Seed Co. Almost completely round fruit, golden russet coloured with delicate white netting to 4kg with thick, sweet, pale orange, smooth flesh & small seed cavity. Vine. Stores well. Excellent for baking, roasting, pancakes etc. 85-90 days. 20 seeds

## RADICCHIO

Mature plants tolerate frost. Used fresh in salads to add colour, or cooked. Colour best during cooler weather. Approx. 900 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Late Winter to Late Spring	10-25°C
<b>Warm:</b> Early Autumn to Early Spring	
<b>Tropical:</b> Mid Autumn to Late Winter	

**PALLA ROSSA** Heirloom. Attractive, dark red leaves with white veins, forming large head. Delicious tangy flavour without any bitterness. Slow to bolt. 60-70 days. 800 seeds

## RADISH

(Raphanus sativus) Tolerates cold conditions. Young leaves may also be used in salads. Matures quickly. Approx. 80-180 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Early Spring to Mid Autumn	7-28°C
<b>Warm:</b> Late Winter to Late Autumn	
<b>Tropical:</b> All Year	

### COMPANIONS

**LIKES:** Peas, Lettuce, Beans, Carrots, Kohlrabi, Parsnip, Onion, Mustard, Nasturtium, Cucumber, Spinach - attracts leaf minor away from spinach.

**DISLIKES:** Grape, Hyssop

**BLACK SPANISH** (Raphanus sativus) Originating from Spain since around 16th century; first introduced to English market prior to 1824. Also known as 'Ramolaccio', or 'Noir Gros Rond D'Hiver'. Large, black root to 7cm across with solid, crisp, pure white, pungent flesh. 53-80 days. 325 seeds

**CHAMPION** Oval radish to 4cm, with red skin & crisp white flesh. Mild flavour. 25-40 days 600 seeds

**CHERRY BELLE** Oval radish to 4cm, with red skin & crisp white flesh. Mild flavour. First introduced in 1949. 25-40 days. 450 seeds

**CHINA ROSE** Heirloom first introduced in 1840 by Jesuit missionaries. Smooth pink-rose coloured skin with crisp white flesh; 5cm diameter. Tall tops may also be used in salads. Stores well. 27-55 days. 500 seeds

**CININNATI MARKET** Dates prior to 1870's. Bright, red-pink, long, thin, tapered root to 15cm long with similar shape to a carrot. Tender, crisp & mild flesh. 25-30 days. 265 seeds

**DAIKON** Large, white root 40-50cm long. Japanese variety. Use in salads, stir-fry, pickles or cooked. Useful in breaking up the soil. Readily self-sows. 500 seeds

**EASTER EGG** Heirloom. Annual. Round radish with a mixture of different colours including red, pink, purple & white. Harvest in 3-4 weeks. Root remains crisp & mild in flavour even when large. 25-58 days. 600 seeds

**FIRE CANDLE** Italian heirloom. Long, thin

pointed root with bright red skin & crisp white flesh. Mild flavour with good texture. 28-30 days. 350 seeds

**FRENCH BREAKFAST** Dates back to 1879. Scarlet-coloured roots with white tip. Length 5-9cm. Popular variety & easy to grow. 24-30 days. 600 seeds

### HISTORY

#### RADISH: French Breakfast

Introduced before 1885, this radish was a favourite amongst French market gardeners who thought it to be both attractive & flavoursome.

Faust's 1889 seed catalogue described it : "It's beautiful colour makes it one of the most attractive for table use, while its superior quality recommends it to all." Today, more than 100 years later, the French Breakfast is still considered a first rate radish.

**GERMAN GIANT** Heirloom originating from Germany during the 1800's. Very popular with the Amish. Large, globe-shaped crimson coloured roots growing to the size of a baseball - up to 10cm across. Firm, crisp, white flesh with mild flavour. Grows to a large size without becoming hollow, woody, or pithy. 29 days. 700 seeds

**GOLDEN HELIOS** Polish heirloom. Golden, yellow-skinned root with crisp, white flesh & mild to medium pungent flavour, but not overly 'peppery'. Slow to go 'pithy'. 35 days. 330 seeds

**HAILSTONE - WHITE GLOBE** Pure white skin, with firm, crisp flesh & dark-green leaves. 25-30 days. 600 seeds

**LADY SLIPPER** Elongated, light pink, flat-bottomed, smooth root to 8cm long with crisp texture & sweet, mild flavour. Slow to go pithy. Stores well in fridge. 25-30 days. 800 seeds

**MIXTURE (GOURMET BLEND)** Mix of at least 10 different varieties. Includes red, pink, white, bi-colour & black in both round & long shapes. 27-55 days. 600 seeds

**PLUM PURPLE** Heirloom. Medium sized, crisp, firm radish, with bright purple skin & white flesh. Attractive. 25-30 days. 450 seeds

**RAT TAILED** Heirloom from South Asia. Grown for its edible seed pods rather than its root. Produces light green, elongated pods which grow up to 15cm long & may be eaten raw, or pickled. Harvest pods while still young for best results. 50 days. 180 seeds

**RED HEAD** Heirloom also known as 'Roodkopje' in Holland. Attractive, round white root with rose coloured 'cap' 2-5cm across. Crisp flesh with mild flavour. Resistant to splitting. 30-35 days. 350 seeds

**TOKINASHI** Japanese heirloom also known as 'All Seasons'. Daikon type. Well suited to all-year-round sowing except for areas where temperatures drop below freezing. Pure, white, pungent (hot) root to 30cm long and 5cm across tapering to a sharp point with firm, white crisp flesh. Slow to bolt. Great for salads, coking or pickling. 330 seeds

**WATERMELON** Chinese heirloom. Also known as 'Red Meat', 'Continental Fancy' or 'Beauty Heart' from the Chinese 'Shin-ri-mei' which means 'beauty in the heart'. Gourmet, turnip shaped radish to 8cm across at shoulder with white skin & red flesh. Tender, sweet & mild - sweeter in flavour than traditional varieties. Colourful in salads. 50-60 days. 350 seeds

**WHITE ICICLE** Heirloom first recorded in 1597. Also known as 'Lady Finger'. White, medium-sized radish with crisp flesh. Does not go pithy when mature. 25-35 days. 600 seeds

**ZLATA** Polish heirloom. Yellow, round to plum shaped, medium sized root with crisp, white, juicy flesh. Mild to medium spicy flavour. Resistant to bolting & splitting. 35-40 days. 450 seeds

## RHUBARB

(Rheum rhabarbarum) Perennial. Stems used cooked (mainly in desserts). Leaves poisonous & used in garden as insecticide. Pick outside stems as required. Approx. 100-250 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Early Spring to Early Summer	15-25°C
<b>Warm:</b> Late Winter to Early Summer	
<b>Tropical:</b> Late Summer to Late Autumn	

**VICTORIA** Heirloom. Broad, upright, reddish-green coloured stems with mild tart flavour. Hardy variety. 100 seeds

## ROCKMELON

(Cucumis melo) Sow after frost. Approx. 30 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Mid Spring to Early Summer	20-30°C
<b>Warm:</b> Early Spring to Early Summer	
<b>Tropical:</b> Mid Winter to Late Summer	

### COMPANIONS

**LIKES:** Corn, Peanut, Sunflower. Radish

**AMISH** Heirloom from the Amish community. Oval fruit 20cm across with sweet, orange flesh & thick rind. Tolerates wide range of conditions. 80-90 days. 40 seeds

**BANANA** Heirloom dating back to 1800's. Fine. Long, tapered, yellow-skinned melon, with delicious, pink-red flesh to 45cm long & 10cm across. Excellent flavour. Sow after frost. Best suited to warm climates. 80-95 days. 45 seeds

**BIDWELL CASABA** Heirloom named after John Bidwell, a well-known Civil War General & US Senator. First introduced in 1869. Extremely large melon up to 35cm across & 7kg in weight. Melon has green striped patterns and sweet, orange flesh. Described by Amy Goldman as tasting like 'heavenly orange sherbert', in her book 'Melons for the Passionate Grower'. 90-95 days. 30 seeds

**CRANE** Introduced in 1920 by the Crane family from California. Attractive, tear drop shaped melon with unusual dark green freckles on lighter green skin; sweet, light orange flesh. Fruit is ready when freckles turn orange. 75-85 days. 40 seeds

**DELICE DE TABLE** French heirloom dating back to 1885 - translates as "Delight of the Table". Rare. Round, heavily ribbed fruit has very sweet orange flesh. Weighs around 500g. 40 seeds

**EMERALD GEM** (Cucumis melo) Heirloom introduced in 1886 by W. Atlee Burpee Company from seed obtained from William Voorbees of Benzie County. Dark green, slightly ridged fruit 1-1.5kg. Thick, pale orange, rich, juicy flesh with sweet, spicy flavour. High yields. 70-90 days. 25 seeds

**FRENCH CHARENTAIS** French heirloom

dating back to 1787. Small melon with sweet, thick, deep-orange, flesh, & small seed cavity. Flesh has deep, aromatic, flowery aroma. Sought after variety. Best suited to cooler areas. 90 days. 55 seeds

**HALES BEST** Developed by a Japanese market gardener around 1920. Vine. Popular variety. Netted skin with delicious orange flesh. Disease resistant. 75-88 days. 120 seeds

**HEARTS OF GOLD** Heirloom dating back to 1890 & first introduced by Roland Morrill. Also known as 'Hoodoo'. Thick, orange flesh with strong, sweet flavour. Flesh is firm & juicy. 70-90 days. 85 seeds

**HEALY'S PRIDE** Heirloom first introduced by Elmer James Healy of St. Francisville, Illinois in 1952. Large, elongated, heavily netted melon weighing up to 5kg. Sweet flavoured orange flesh & fine texture. 80-85 days. 40 seeds

**HOLLYBROOK LUSCIOUS** Heirloom dating back to 1905 & first introduced by T. W. Woods & Sons from Virginia. Large, oval, dark green, heavily ribbed fruit with thick, pale orange, sweet & juicy flesh which melts in your mouth. Rich flavour & aroma. Fruit to 20cm long, weighing 4-5kg. Easily bruised due to thin skin so handle with care. Vine. 100-110 days. 25 seeds

**INDIAN CREAM COBRA** Rare & unusual heirloom melon. Attractive, elongated melon with thin yellowish skin which splits & peels back when ripe - resembling a cobra's hood. Flesh is dry with both an unusual flavour & distinctive smell. Not as sweet as other varieties, but still pleasant especially when drizzled with honey or served with ice-cream. 50 seeds

**NOIR DES CARMES** (Cucumis melo) French heirloom, first mentioned by Mawe & Abercrombie in 1787; also known as the 'Black Rock' melon preserved by the Carmelite monks. Small, dark green, deeply ribbed fruit to 0.5kg, with smooth skin, ripening to a mostly orange, mottled green colour when fully ripe. Orange, sweet, aromatic flesh. Vine. Early variety, well suited to cooler climates. Rare, unusual variety. 75-85 days. 25 seeds

**OKA (Bizard Island Strain)** Canadian heirloom dating back to 1912. First discovered on Bizard Island, one of the islands in the St. Lawrence River. Also known as 'Bizard Island Melon'. Medium to large, netted, flattened fruit with creamy, yellow-green ribbed skin & orange, moderately sweet, highly aromatic flesh. Early to mature. Well suited to cooler areas with short growing seasons. 80-90 days. 35 seeds

**PETIT GRIS** French heirloom first discovered in the garden of Bishop of Remmes over 400 years ago. Named after its greyish appearance before ripening - 'Petit Gris' translates as 'Little Grey'. Small, smooth skinned, mustard & olive speckled fruit to 1kg with sweet, orange flesh reminiscent of brown sugar. 80-85 days. 35 seeds

**PRESCOTT FOND BLANC** French heirloom dating back prior to 1850. Highly attractive, flattened, heavily ribbed fruit with warts & bumps. Salmon orange flesh with grey-green skin turning straw yellow when ripe. Rich flavour when harvested ripe. Highly fragrant. Approx. 8 fruit per vine. Drought tolerant. 100 days. 35 seeds

**SCHOON'S HARDSELL** First introduced onto the market in 1947 by F. H. Woodruff & Sons from Connecticut. Also known as 'Illinois Hardshell'. Attractive, aromatic, oval netted fruit to 4kg with a very hard shell. Sweet, flavoursome, apricot coloured flesh. Resistant to insect attack. Stores well. 55 seeds

# SALAD GREENS

See "Sow When" Chart for individual suggested growing times. The following times apply unless otherwise indicated.

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Early Spring to Late Autumn	12-25°C
<b>Warm:</b> Early Spring to Mid Autumn	
<b>Tropical:</b> Early Autumn to Mid Winter	

## AMARANTH

(Amaranthus gangeticus) Also known as Chinese Spinach. Use like spinach, in soups, salads or stir-fry. Easy to grow & tolerates a wide range of growing conditions. Heat resistant. Barely cover seed with soil as it needs light to germinate. Approx. 800-1300 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Early Spring to Late Spring; Mid Summer to Late Summer	
<b>Warm:</b> Early Spring to Early Autumn	
<b>Tropical:</b> Late Summer to Late Spring	

**MEKONG RED** Heirloom. Broad, vivid red, dented leaves. 30-50 days. 800 seeds

## CORN SALAD

(Valerianella locusta) Also called "Lamb's Lettuce". Pick outside leaves as required or leave to mature. Great substitute for lettuce during cooler months. High in Vitamin C. Use raw in salads, steamed or cooked like spinach. Tolerates cooler weather. Very hardy. Approx. 700-1150 seeds / gram

SOW WHEN
<b>Cool:</b> Late Winter to Late Spring; Autumn
<b>Warm:</b> Late Summer to Mid Spring
<b>Tropical:</b> Mid Autumn to Early Spring

**DUTCH BROAD LEAVED** Also known as 'Mache' or 'Lamb's Lettuce'. Delicate rosettes of green, smooth, spoon-shaped leaves. Pick outside leaves as required or leave to mature. Great substitute for lettuce during cooler months. High in Vitamin C. Use raw in salads, steamed or cooked like spinach. Tolerates cooler weather. Very hardy. 40-60 days. 600 seeds

**CRESS - CURLED** (Lepidium sativum) Annual. Dark green, curled leaves with peppery flavour. Used as sprouts, or left to mature in garden - leaves picked as required. May also be grown as lawn (in out-of-traffic areas) damp areas only. 1500 seeds

**DANDELION - RED RIB** (Chicorium intybus) Heirloom. Dark green leaf with bright red stem & mid-vein. Attractive variety. High in nutrients. Colourful addition to salads etc. Pleasant bitter flavour with a background sweetness. 40-60 days. 550 seeds

**MARSHMALLOW** (Althea officinalis) Perennial. Medicinal herb with soft, slightly furry leaves & pale-pink flowers. Leaves, flowers, seed pods & roots are edible. Height to 1.5m. 300 seeds

**MESCLUN - LETTUCE MIX** Mix of various lettuce types of various shapes & colours, including iceberg, cos, mignonette, frilled, speckled etc. 50 days. 1500 seeds

**MESCLUN - MILD MIX** Mixture of salad greens of varying colours & shapes, typically including Rocket, Tatsoi, Mizuna, Radicchio & lettuces such as Cos Verdi, Rabbit Ear, Oakleaf, Buttercrunch etc. Great for making attractive salads. 1000 seeds

**MESCLUN - ORIENTAL MIX** A mix of leaves which excels during the cooler winter months. Leaves harvested for use in salads, or plants left to mature for

later use in stir-fry or other light cooking. Includes a mix of komatsuna, mustard, kale, mizuna, mibuna, red cabbage, green broccoli, pak choi, bok choy. Quick growing. 60-70 days. 1200 seeds

**MESCLUN - SCARLET MIX** An attractive mix of all things red. Great for adding colour to salads & lettuce mixes. Includes a mix of Beetroot 'Bulls Blood', Pink Orach, Mizuna 'Red Streaks', Dandelion 'Red Rib', Rocket 'Dragons Tongue', Sorrel 'Red Veined Bloody Dock', Pak Choi 'Purple', Mustard 'Deep Purple', Lettuce 'Red Velvet' & Salad Bowl Red', Amaranth 'Mekong Red', Kohl Rabi 'Purple Vienna', Kale 'Red Russian'. Best grown in Autumn with harvest in cooler months when colour intensifies. Quick growing. 60-70 days. 1200 seeds

**MIBUNA - GREEN SPRAY** (Brassica japonica) Heirloom. Long, slender, green leaves used at young age in salads & stir fry, or cooked. 40-60 days. 500 seeds

**MINUTINA** (Plantago coronopus) Italian heirloom also known as 'Erba Stella' or 'Bucks Horn Plantain' dating back prior to 1586. Widely used during this time in a typical Italian salad mix called 'misticanza' which consisted of a mix of wild and cultivated leaves and also as a medicinal green for reducing fevers. 2200 seeds

**MIZUNA** (Brassica juncea var. japonica) Heirloom. Large, green, spicy leaves. Best picked when young & tender. Tolerates cold & wet conditions. Used in salads or stir fry. 40-55 days. 1000 seeds

**MIZUNA - RED STREAKS** Light green, thin, jagged, heavily fringed leaves with deep purple tinges. Mild, peppery, earthy, mustard flavour. High in nutrients. Best harvested young when colour is at its deepest red. Ideal for mesclun salads, stir-fry or soups. Quick to grow. Tolerates heat well. Slow to bolt. 20-45 days. 1000 seeds

**MOUNTAIN SPINACH - RED ORACH** (Atriplex hortensis) Heirloom dating back to 1213; cultivated in Asia & Europe prior to the introduction of spinach. Annual. Attractive reddish-purple leaves, growing to 120cm in height. A spinach variety grown in warmer weather. Used to add colour in salads or cooked as spinach substitute. Pick leaves as required. 50 days. 200 seeds

**NASTURTIUM** (Tropaeolum majus) Perennial. Low spreading vine often used as a ground cover. Round, flat, pale-green leaves with peppery taste & bright orange/yellow flowers. Leaves & flowers used in salads. Seeds also reputed to have antibiotic properties. 15 seeds

## NASTURTIUM PEPPER

Dry seeds until crisp. Grind in coffee grinder. Store in tightly capped bottle. Add a little salt if required.

**PURSLANE - GREEN** (Portulaca oleracea) Heirloom grown for thousands of years as an edible and medicinal plant. Considered quite nutritious due to its unusually high omega-3 fatty acids (found mostly in fish and flax seeds) and significant amounts of vitamins A and C, as well as calcium, iron, magnesium and potassium and antioxidants. Fast growing plant with succulent leaves and stems. Green leaves added to mesclun mixes to impart a slightly sour, tart hint. When cooked purslane becomes mucilaginous acting as a thickener in soups and stews. Leaves may also be fried in olive oil, then mixed with feta cheese, tomato, onion, garlic and oregano (a traditional Greek dish). 2800

seeds

**ROCKET** (*Eruca sativa*) Heirloom. Medium-dark green leaves, with spicy/peppery flavour - best when picked young. Flowers & leaves used in salads. Oil made from seeds. Easy to grow. 55-60 days. 1000 seeds

**ROCKET - DRAGON'S TONGUE** (*Diplotaxis tennifolia*) Wild rocket variety with striking purple-red, heavily serrated leaves with red vein up centre & 'branches'. Highly attractive with stronger flavour than regular rocket. Leaves added to mesclun mixes or eaten on their own. Yellow flowers also added to salads & as garnish. Slow to bolt. Tolerates dry conditions. 50 days. 1000 seeds

**ROCKET - WASABI** (*Diplotaxis erucoides*) Similar to regular rocket with the exception of its fiery, hot, peppery heat similar to traditional wasabi. Long, green, oval, spoon shaped leaves with slight indentation. Younger leaves able to be harvested within 2 - 3 weeks of planting. Easy to grow. Tolerates dry conditions. 50 days. 500 seeds

**SALAD DANDELION** (*Taraxacum officinale*) Bi-annual. Originally from France. Named after the French term 'Dent de Lion' meaning lions tooth referring to the jagged 'teeth' on the plant's leaves. Large plant with green leaves formed in an attractive rosette shape. Excellent for fresh eating as it doesn't have the bitter characteristic of some dandelion varieties. Passed on to us by an enthusiastic Tasmanian grower who commented that 'For salad passionate it is a must have!' Use the young leaves in salads, older leaves as boiled greens, or spinach substitute. Roots can be roasted & used in place of coffee, or lifted and forced during winter, like Belgian Endive. 200 seeds

**SORREL, FRENCH** (*Rumex acetosa*) Perennial, culinary herb/vegetable. Rich, green leaves used fresh in salads, or cooked in soups, sauces, dressings etc. High in Vit.C & copper. 1000 seeds

**WATERCRESS** (*Nasturtium officinale*) European heirloom dating back to 1777. Perennial. Smooth, shiny, dark green leaves used in salads, omelettes, soups or cooked like spinach. Thrives in clear, cool water, or moist ground. High in nutrients. Also reputed to prevent hair loss. Very small seed. 5000 seeds

## SALSIFY

(*Tragopogon porrifolius*) Also known as 'Vegetable Oyster'. Mature plants tolerate frost. Grow like carrots. Cool weather improves flavour & texture. Approx. 100-300 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Late Winter to Late Summer	12-25°C
<b>Warm:</b> Mid Winter to Early Autumn	
<b>Tropical:</b> Early Autumn to Mid Winter	

**COMPANIONS**  
**LIKES:** Bean, Leek, Onion, Pea, Sage, Tomato, Mint, Nasturtium, Radish, Corn  
**DISLIKES:** Potato, Dill

**SALSIFY** Heirloom. Creamy-white root to 20cm with oyster-like flavour. 150 days. 180 seeds

## SILVERBEET

(*Beta vulgaris* var. *cicla*) Harvest leaves from outside edge as required. Will withstand light frost. Approx. 60-90 seeds / gram

SOW WHEN	SOIL
----------	------

### TEMP

**Cool:** Late Winter to Late Summer 10-30°C  
**Warm:** Mid Winter to Early Autumn  
**Tropical:** All Year

### COMPANIONS

**LIKES:** Beetroot, Cabbage, Celery, Cherry, Fruit Trees, Lavender

**ARGENTATA** Old Italian heirloom; also known as 'Italian Silver Rib'. Excellent flavour. Attractive, vigorous plant with wide, white stems & crinkled dark green leaves. Tolerates wide range of conditions. 50-60 days.

**BARESE** Dwarf variety of silverbeet with glossy, dark green leaves & thick white stem. Harvest individual leaves for use as 'baby spinach', or leave to mature, harvesting whole plant for use similar to bok choy. Quick to grow, early to mature. Disease resistant. 25-45 days. 320 seeds

**CARDINAL** Heirloom. Large, dark-green leaves with crimson red stems & veins. Attractive in the garden - crimson colour deepens with cooler weather. Ideal for harvesting as baby leaf or leave to mature. 50-65 days 420 seeds

**FORDHOOK GIANT** Heirloom first introduced in 1750. Large, light to deep green, crinkled leaves to 25cm across with white stalks. Heavy yielding. Vigorous variety able to tolerate extreme hot & cold weather; will remain productive even in hot weather. Popular variety. 50-65 days. 350 seeds

**LUCULLUS** Heirloom named after Lucius Lucullus, a Roman general who was reputed to hold extravagant banquets for his friends. Light green leaves with thin, white to pale green stems. High yields. Will withstand light frost. 50-65 days

**RAINBOW CHARD** New Zealand heirloom. Large, dark green, crumpled leaves to 50cm; stems of white, yellow, orange & red. Attractive in garden. Will hold its colour when cooked lightly. 50-60 days. 150 seeds

**RHUBARB CHARD** Heirloom dating back to 1857. Large, ruffled purplish green leaves with bright red stalks & veins; plant to 50cm high. Attractive in the garden. Tolerates light frost & resistant to summer heat. 50-60 days. 250 seeds

**RUBY RED CHARD** Heirloom first introduced in 1597. Large, dark-green leaves, with bright red stem. Attractive in garden. Tolerates light frost. Roots are also edible, being quite sweet and ideal for pickling. 50-60 days. 180 seeds

## SPINACH

Excellent planting for cooler weather. Pick outside leaves as required. High in nutrients. Approx. 70-90 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Late Summer to Late Winter	8-22°C
<b>Warm:</b> Late Summer to Early Winter	
<b>Tropical:</b> Mid Autumn to Mid Winter	

### COMPANIONS

**LIKES:** Beetroot, Cabbage, Celery, Cherry, Fruit Trees, Lavender, Lovage, Marjoram, Mulberry, Onions, Pea, Strawberry

**AMERICAN CURLED** Heirloom. Heavily crinkled, dark green leaves. Slow to bolt. Hardy; tolerates dry, hot weather. Attractive variety. 40-60 days. 400 seeds

**BLOOMSDALE** **LONGSTANDING**

(*Spinacia oleracea*) Heirloom dating back to 1908. Dark-green, thick, slightly crumpled leaves. Bitter free. Slow to bolt. Tolerates frost well. 40-50 days. 450 seeds

### DID YOU KNOW?

The green paint used to illustrate many of the manuscripts of the middle ages was derived from ordinary spinach.

**ENGLISH - WINTER GIANT** Heirloom. Large, smooth, slightly crinkled leaves. Excellent variety for cooler weather. Pick outside leaves as required. 45-60 days. 450 seeds

**GIANT NOBLE** Heirloom also known as 'Giant Thick Leaf' and dating back prior to 1933. Very large, thick, smooth, dark-green, semi-savoyed, pointed leaves up to 25cm across. High yields. Slow to bolt. Excellent variety for cooler weather. Pick outside leaves as required. 40-50 days. 380 seeds

### NEW ZEALAND

#### SOW WHEN

**Cool:** Late Winter to Late Summer  
**Warm:** Mid Winter to Early Autumn  
**Tropical:** All Year

(*Tetragonia tetragonioides*) New Zealand heirloom first introduced in 1770. Low spreading vine. Leaves best used cooked in stir-fry etc. Pick young leaves as required. Very hardy; tolerates light frost & hot conditions. Similar growing conditions to beans. 50-60 days. 60 seeds

**PERPETUAL** (*Beta vulgaris cicla*) Heirloom dating back to 1790. Originally named 'Spinach Beet'. Small, smooth green leaves, and short narrow stems. Pick outside leaves as required. Will withstand light frost. Long time until plant goes to seed. 50-65 days. 220 seeds

### HISTORY

Spinach was first cultivated in Persia thousands of years ago, spreading to European gardens around 1350.

## SPRING ONION

(*Allium fistulosum*) Forms no bulb. Approx. 250 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Late Winter to Mid Autumn	7-30°C
<b>Warm:</b> Late Winter to Late Autumn	
<b>Tropical:</b> All Year	

### COMPANIONS

**LIKES:** Beetroot, Cabbage, Carrot, Lettuce, Potato, Strawberry, Tomato  
**DISLIKES:** Bean, Pea

**BUNCHING (NOT TO WA)** Heirloom. Spring Onion type, grown for its long white stems & small bulb. 60-70 days 800 seeds

**RED BUNCHING** Attractive, bright red stems & dark green tops to 70cm high with mild, sweet flavour. Attractive variety. Forms no bulb. Used in salads or cooked. Especially useful for adding colour to omelettes etc. Quick & easy to grow 70-120 days. 480 seeds

**WELSH** Perennial. Heirloom dating back to 1777. Long green tops & white stem. Easy to grow. Prolific. Can be divided & replanted in spring or autumn. 500



seeds

# SQUASH BUTTON

(Cucurbita pepo) Pick young. Plant after frost. Approx. 6-10 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Mid Spring to Mid Summer	20-32°C
<b>Warm:</b> Early Spring to Late Summer	
<b>Tropical:</b> All Year	

**COMPANIONS**  
**LIKES:** Bean, Mint, Nasturtium, Radish, Corn

**CUSTARD WHITE** American heirloom dating back to 1722. English records also describe a similar (possibly the same) squash from 1591. Also known as 'Symnel Squash' or 'Cymling Squash'. Smooth, circular, 'button' squash to 12cm across with scalloped edges, white-green skin and fine textured flesh. Excellent flavour. High yields. Quick to mature. Bush type. 50 days. 35 seeds

**PATTERSON PANACHE JUANE ET VERTE** Bowl shaped, yellowish fruit with dark green bands. High yields. Excellent eating qualities when young. If left to mature is attractive as an ornamental. 35 seeds

**YELLOW BUSH SCALLOP** Rare, Native American heirloom. Also known as 'Golden Custard'. Attractive, bright, golden yellow, flattened, scalloped fruit with a rich mellow flavour. High yields. Use like zucchini. 50 days. 22 seeds

# SQUASH WINTER

Plant after frost. Approx. 6-8 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Mid Spring to Early Summer	20-32°C
<b>Warm:</b> Early Spring to Late Summer	
<b>Tropical:</b> All Year	

**COMPANIONS**  
**LIKES:** Bean, Nasturtium, Radish, Corn

**SPAGHETTI** (Cucurbita pepo) Heirloom. Oval shaped fruit. When left to mature, fruit is steamed/boiled, cut in half & scooped out like spaghetti. Delicious flavour. Unusual variety. Harvest when fruit turns yellow. Introduced by Sakata Seed Co in Japan in 1934. Originating from China. 22 seeds

# SWEDE

(Brassica napus) Also known as 'Rutabagas'. Stores well. Tolerates frost. Use cooked in stir-fry, stews, steamed etc. Approx. 350-375 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Late Winter to Early Spring; Mid Summer to Late Summer	15-30°C
<b>Warm:</b> Mid Summer to Early Autumn	
<b>Tropical:</b> Late Summer to Mid Autumn	

**COMPANIONS**

**LIKES:** Pea

**AMERICAN PURPLE TOP** Introduced around 1915. Round, globed root to 15cm across with light yellow skin, purple top & fine-grained yellow flesh. 80-120 days. 900 seeds

**LAURENTIAN** Yellow flesh, rounded root vegetable. Commonly used in cooking with excellent flavour, as fodder crop or for green manure. When left to mature also attracts bees, butterflies & other beneficial insects to the garden. High yields. Early to mature 170-210 days. As a fodder crop, swede offers feed during winter when grasses are scarce. Broadcast at a rate of 1kg/ha or 1g/sqm. 900 seeds

# TOMATO MIXTURE

(Lycopersicon esculentum) Sow after frost. Approx. 350-400 seeds / gram

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Early Spring to Late Spring	15-32°C
<b>Warm:</b> Late Winter to Early Summer	
<b>Tropical:</b> All Year	

**COMPANIONS**  
**LIKES:** Parsley, Asparagus, Basil, Cabbage, Carrot, Onion, Pea, Sage  
**DISLIKES:** Fennel, Potato

**TOMATO - CHERRY MIX** Mix of all types of small, 'cherry' type tomatoes in black, yellow, orange & red colours. Both bush & climbing types. 200 seeds

**TOMATO - MIXTURE** Taken from over 150 different heritage varieties of up to seven different colours. Mixture of popular climbing & bush varieties, including small & large fruits of varying colours. 200 seeds

# TOMATO BUSH

(Lycopersicon esculentum) Eaten raw in salads, or cooked. Plant after frost. Approx. 350-400 seeds / gram. (NOT TO WA)

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Early Spring to Early Summer	15-32°C
<b>Warm:</b> Late Winter to Mid Summer	
<b>Tropical:</b> All Year	

**COMPANIONS**  
**LIKES:** Parsley, Asparagus, Basil, Cabbage, Carrot, Onion, Pea, Sage, Marigold, Chive, Broccoli  
**DISLIKES:** Fennel, Potato, Kohl Rabi

**BURPEE'S QUARTER CENTURY** Heirloom dating back to 1889 & introduced by the Burpee Seed Company. Also known as 'Burpees Matchless'. Red, medium to large fruit 120-250g with smooth skin, produced on small, upright bush. High yields. Excellent flavour. Performs consistently year after year. 80-85 days. 150 seeds

**BURWOOD PRIZE** Heirloom first introduced in 1900. Scarlet red, flattened fruit 5-7cm produced on bush to 75cm. Prolific. Reliable tomato developed by Victorian Agriculture Dept.; well suited to Australian conditions. 160 seeds

**CAMPBELL** Red, round fruit on short bush. Ideal

for all uses especially soups. Early variety. Does well in all climates. 69 days. 125 seeds

**ENGLISH CHANDLER** Heirloom. Medium sized, round, red fruit with rich tomato flavour. Sturdy bush. High yields. Disease resistant. Reliable producer. 100 seeds

**KY1** Australian heirloom. Also known as 'Scoresby Dwarf'. Medium, red, round fruit with excellent flavour on strong, vigorous, disease resistant plant. Prolific. Ideal for preserves, sauces & pastes. 70 days. 120 seeds

**MARY ITALIAN** American heirloom possibly from Italian descent. Red, medium, beefsteak type fruit to 10cm across with excellent flavour. Early variety. High yields. 70 days. 125 seeds

**NAPOLI PASTE** Deep red, pear shaped, medium sized fruit with excellent, tangy, acidic flavour. Italian paste type. High yields. Disease resistant. 79-125 days. 140 seeds

**ROMA** Italian heirloom. Strong, stocky plant producing, red, smooth, pear-shaped fruit with 'meaty' flesh. Heavy producer (up to 200 fruit per plant). Disease resistant. Ideal for sauce, bottling, salads etc. 75-80 days. 180 seeds

**SWIFT** Heirloom originating from the highland prairies of Canada. Medium, round, red fruit with excellent flavour. Quick to mature. Well suited to cooler conditions, but does well in all areas. 54 days. 150 seeds

**THAI PINK EGG** Originating from Thailand & is today the most widely produced tomato in Thailand. Small, pink coloured, 'cherry' type fruit; 3-5cm long, or size of bantam egg. Changes from milky white with slight pink colour when young to darker pink as it matures. Plant 60-90cm. Hardy, disease resistant & resistant to cracking. High yields. 55-65 days. 200 seeds

**TINY TIM** Small, round, scarlet red fruit 2-3cm across, produced on small bush to 50cm high. Ornamental & productive with high yields. Resistant to disease. Ideal variety for small areas or pots. Dates back to 1945. 45-75 days. 200 seeds

**WHIPPERSNAPPER** Small, reddish pink, oval fruit 2-3cm across with excellent sweet flavour. Produced in clusters of 5-18 fruit per bush. Early variety ripening in just 45 days - great for cool climates with short seasons. Compact plant with numerous side branches - ideal for container growing. High yields with up to 100 fruit per bush in good conditions. 45-59 days. 180 seeds

# TOMATO CLIMBING

(Lycopersicon esculentum) Eaten raw in salads, or cooked. Plant after frost. Approx. 350-400 seeds / gram.

SOW WHEN	SOIL
<b>TEMP</b>	
<b>Cool:</b> Early Spring to Early Summer	15-32°C
<b>Warm:</b> Late Winter to Mid Summer	
<b>Tropical:</b> All Year	

**COMPANIONS**  
**LIKES:** Parsley, Asparagus, Basil, Cabbage, Carrot, Onion, Pea, Sage, Marigold, Chive, Broccoli  
**DISLIKES:** Fennel, Potato, Kohl Rabi

**AMISH PASTE** Amish heirloom from Wisconsin; originally from Lancaster & dating back to 1880. Acorn shaped, deep red fruit 4-6cm wide & up to 250g. One of the largest paste type tomatoes with thick flesh & few seeds. Vigorous climber - requires staking. Excellent for eating fresh in salads, drying, bottling or cooking. 70-90 days. 80 seeds

**ARKANSAS TRAVELLER** Heirloom developed at the University of Arkansas by Dr. Joe McFerren prior to 1900 - named after a folk song. Rose coloured, medium sized, smooth, thin-skinned fruit with juicy, mild flavoured flesh. Withstands heat & humidity well. Resistant to disease & cracking. 85 days. 130 seeds

**AUNT RUBY'S GERMAN GREEN** German heirloom originating with Ruby Arnold of Tennessee. Large, brilliant green, beefsteak type fruit weighing up to 500g each. A green tomato which is greenish yellow when fully ripe. Excellent strong, sweet, fruity flavour with great texture. Also flavoursome when harvested early. Requires staking. 69-85 days. 135 seeds

**BEAMS YELLOW PEAR** Heirloom. Bright yellow, small, pear shaped fruit to 4cm long with meaty, zesty, mild but sweet flavoured flesh. High yields, continuing to produce until first frost. Has been known to produce up to 1500 fruit per bush under ideal growing conditions. Disease resistant. Produces well even in cool areas. 70-80 days. 180 seeds

**BEEFSTEAK** Heirloom. Also known as 'Red Ponderosa' or 'Crimson Cushion'. Large, red, flattened, slightly ribbed fruit to 900g with solid flesh & few seeds. High yields. Excellent flavour. 85 days. 150 seeds

**BLACK CHERRY** Rare variety with dark, dusky, purple / black coloured fruit resembling large grapes to 3cm across, produced in trusses on tall, vigorous bush. Sweet, juicy flesh with rich, smoky flavour similar to a cherry. High yields. Resistant to cracking. 64-70 days. 110 seeds

**BLACK KRIM** Russian heirloom originating from the Island of Krim in the Black Sea. Large, red/purple coloured skin with green shoulders; flattened fruit to 9cm across. Juicy, green tinted flesh with full flavour & slight saltiness. Seeds surrounded by an almost fluorescent green gel. Outstanding flavour. Plant to 150cm. Hardy variety. 69-90 days. 150 seeds

**BLACK RUSSIAN** Russian heirloom. Round, reddish-black, medium sized fruit 4-6cm across, with smooth, thin skin & dark flesh. Beefsteak type with excellent flavour - reputed to be one of the best tasting black tomatoes. Compact plant. Thrives under cool growing conditions, but does well in all areas. Highly disease resistant. Early producer. Excellent for eating fresh in salads or cooked. 69-100 days. 160 seeds

**BLUE RIDGE MOUNTAIN** Heirloom from the Blue Ridge Mountain area of North Carolina. Large, pink, beefsteak type to 600g, well known for its excellent flavour. One of the best tasting pink coloured varieties. Tolerant of hot seasons and high humidity, but also does well in cool areas. Large bush requiring staking. 85 days. 160 seeds

**BRANDYWINE** Amish heirloom dating back to 1885; named after Brandywine Creek in Chester County. Large, red-pink fruits to 500g. Old variety prized for its outstanding flavour. 75-100 days. 160 seeds

**BREAK O DAY** Smooth, firm, orange-scarlet, globed fruit with meaty flesh, produced on open,

medium sized, spreading bush. High yields. Cold resistant. Dates back to 1931. 63-78 days. 180 seeds

**BROAD RIPPLE YELLOW CURRANT** Heirloom. Vigorous plant to 3m high producing abundant, tiny, round, yellow fruit to just over 1cm across in clusters of 6-8 fruit. Sweet flavour with no tartness. High yields, producing up to 1000 fruit per bush. In one growers words it 'goes like crazy'. Hardy bush continuing to produce after frost. Originally found growing in a pavement crack in the streets of Indianapolis. Place whole truss in oven to bake, or sprinkle throughout salads. 75 days. 200 seeds

**BROWN BERRY** Heirloom. Small, brick-red, round fruit to 2.5cm across. Juicy with semi-sweet flavour and slight acid overtones. 72 days. 150 seeds

**BURNLEY GEM** Medium, red, globe shaped fruit 4-7cm across produced on bush to 1m. Prolific. Reliable tomato developed by Victorian Agriculture Dept.; well suited to Australian conditions. 69-80 days. 160 seeds

**CAMP JOY** Heirloom. Large, dark red, cherry tomato up to 4cm across with rich blend of sweet / acid flavour - wins taste tests at all the shows. Strong growing vines with heavy clusters of fruit. High yields. Plant 1.8-2.4m high. Disease resistant. Originating from Santa Crus & developed by Alan Chadwick, the instigator of bio-intensive gardening. 65-70 days. 160 seeds

**CHERRY ROMA** Heirloom. Baby, 'plum' or 'roma' shaped, rich red fruit to 2.5cm long with sweet, spicy flavour. Used fresh or dried. High yields. 85 days. 200 seeds

**CHEROKEE PURPLE** Heirloom. Over 100 years old from Cherokee Indian tribe - one of the first known 'black' tomatoes. Medium sized fruit with rose purple skin and brick red flesh, and sweet, rich, smoky tomato flavour. Plant to 200cm. Great for slicing, salads, cooked or sauces. High yields. 85 days 125 seeds

**COLLEGE CHALLENGER** Australian heirloom bred in the Hawkesbury region during the 1950's. Medium to large, round, solid, red fruit with excellent flavour. Truss type with 6-10 fruit per truss. Tolerates heat well. 75 days. 120 seeds

**COSTOLUTO DI MARMANDE** Old Italian heirloom. Red, medium to large, thick-walled, beefsteak type fruit with meaty flesh produced on vigorous vine. Excellent flavour. Good for pastes, sauces, salads etc. 75-85 days. 160 seeds

**CURRAJONG** Cherry tomato produced on trusses. Excellent tomato flavour. Produces fruit right up until first frost. Hardy. Prolific. 120 seeds

**DAYDREAM** Heirloom. Large, red, smooth, flattened fruit 60-90mm across. Similar to 'Grosse Lisse' but produces earlier. High yields over a long period. Excellent flavour. 150 seeds

**DEBARAO** Small, red, egg shaped fruit with smooth skin to 4cm across and excellent flavour. 95 days. 125 seeds

**DRUZBA** Heirloom originating from Bulgaria via France & means 'Friendship'. Large, smooth, deep red fruit to 400g, with gold shoulders up to 10cm across. High acid with sweet, tart flavour. Plant continues to produce over a long period until completely destroyed by frost. Resistant to disease & cracking. 75-95 days. 150 seeds

**EARL OF EDGECOMBE** New Zealand heirloom. Large, yellow orange, round fruit with firm, meaty flesh. Named after the heir to the title of the Earl of Edgcombe during the 1960's. 73 days. 135 seeds

**EARL'S FAUX** Originating from Ohio by grower Earl Cadenhead. Large, reddish pink, beefsteak type fruit to 350g with smooth texture & a complex, lingering flavour. Prize winner at shows. 76-80 days. 160 seeds

**EVA PURPLE BALL** Heirloom from the Black Forest region of Germany. First introduced in the late 1800's by Joe Bratka's grandfather. Round, smooth, blemish free fruit to 150g. Peels easily and has tender flesh. Disease resistant. 70-78 days. 180 seeds

**EVERGREEN** Heirloom. Green (when ripe), medium to large, solid, fleshy fruit. Mild, delicious flavour. Vigorous climbing plant. Used in salads, fried, pickled or for green tomato sauces. 72-80 days. 150 seeds

**GERMAN GOLD** Heirloom dating back to 1890's. Large, golden coloured fruit with red blossom end & red streaks radiating up sides to stem end. Fruit to 800g with sweet, mild flavour. 85-88 days. 150 seeds

**GERMAN JOHNSON** American heirloom. Very large, pink, 'beefsteak' tomato up to 500g with mild flavoured, low acid, meaty flesh & few seeds. Yellow shoulders develop upon maturity. Large, prolific plant requiring staking. Disease resistant. Good yields. 80 days. 150 seeds

**GOLD DUST** Medium, orange fruit with firm, crack resistant flesh, free from blemish. Uniform ripening. Semi-climbing bush. 60-65 days. 120 seeds.

**GOLDEN GOURMET** Also known as 'Golden Gourmet Filler'. Yellow, medium sized fruit to 10cm with thick skin, hollow centre & few seeds. Used fresh in salads or stuffed & baked. 76-80 days. 150 seeds

**GOLDEN SUNRAY** Heirloom. Golden orange yellow, medium sized fruit to 250g, with rich, full tomato flavour & low acid. High yields. 120 seeds

**GRANNY'S THROWING** Italian heirloom also known as 'Periforme D'Abruzzo' aptly named as it is the perfect shape to fit in the palm of the hand with indentations for fingers. Rich red, pear shaped, heavily fluted fruit. Excellent for salads, pastes & sauces. High yields. 80 seeds

**GREEN GRAPE** Heirloom. Green-yellow fruit to 3cm across with sweet, translucent green flesh. Fruit hangs in bunches of 6-12 fruit resembling grapes. 60-65 days. 200 seeds

**GREEN ZEBRA** Medium, yellow - green fruit (when ripe) to 6cm across, with dark green vertical stripes & emerald green, mild tasting (but certainly not bland), creamy flesh. High yields. Medium sized bush; may be grown without stakes, but best staked to keep fruit off ground. Developed in 1985 by heirloom tomato breeder Tom Wagner of Tater Mater Seeds. 75-90 days. 100 seeds

**GROSSE LISSE** Heirloom meaning 'large smooth'. Large, oval-shaped, red fruit with excellent flavour. Popular variety. High yields over long period. Vigorous climber - requires staking. 80-100 days. 180 seeds

**HARBINGER** English heirloom first introduced in 1901. Red, medium sized fruit with fine flavour. Early variety with high yields. Quick to ripen. Will continue to

produce until first frost. 70 days. 145 seeds

**HILLBILLY** Heirloom originating from Ohio. Also known as 'West Virginia Hillbilly'. Very large, smooth, yellow orange, ribbed fruit, with red, vertical streaks; to 900g. A prize winner, ripening red from middle outwards; attractive when sliced. Beefsteak type. 85-94 days. 125 seeds

**INDIAN RIVER** Very rare & dating back to the 1950's. Medium to large, red, elongated fruit to 10cm across with thick, firm flesh. Bush 1.2-1.8m high. Resistant to disease. Tolerates heat & humidity well, but also produces well in cooler areas. 70-85 days. 120 seeds

**ITALIAN FLAT** Exotic heirloom from Italy. Flat, red fruit with rich tomato flavour. High Yields. Use in salads or for making sauces, pastes etc. 70 days. 180 seeds

**JAUNE NEGIB** Yellow, round fruit to 8cm across with mild flavoured flesh. Semi-climbing bush. 160 seeds

**JUBILEE YELLOW** Yellow / gold, globe shaped fruit to 10cm across. Flesh is mild, non-acid with few seeds. Bush to 1.5m high. High yields. 70-80 days. 150 seeds

**JUNE PINK** Heirloom. Also known as 'Pink Earliana'. Rose pink fruit in clusters. Produces over long period until first frost. Disease resistant. Good for salads or sauces. 135 seeds

**KOTLAS** Heirloom previously known as 'Sprint' & named after the city of Kotlas in the Soviet Union. Small, round, very sweet, red fruit with green shoulders to 60g produced on bush with sparse foliage. Extra early variety bearing in only 59 days. Disease resistant. 150 seeds

**LEMON DROP** Heirloom. Translucent yellow-lemon, pear shaped, cherry fruit to 2cm across with delicious sweet/tart flavour. Prolific. 85 days. 200 seeds

**LONGKEEPER** Red, globe shaped fruit to 6cm across. Will continue to ripen after onset of cold weather. 120 seeds

**MANAPAL** Heirloom. Large, deep red, smooth, round fruit with thick walls, in clusters of 3-5 fruit. Resistant to disease. 80 days. 140 seeds

**MONEYMAKER** Old English heirloom. Scarlet red, round, smooth fruits with thin skin & solid flesh to 115g, produced on vigorous, open bush. High yields; hence the name. Sets well in all types of weather. Dates back prior to the 1920's. 75-80 days. 125 seeds

**MORTGAGE LIFTER** Heirloom; originated in 1930 from 'Radiator Charlie' - a radiator repairman from West Virginia - who sold his plants for \$1 each and paid off his mortgage. Large (up to 1.5kg), light red/pink, fleshy fruit. Heavy yields. Great for sandwiches. Disease resistant. 150 seeds

**NEBRASKA WEDDING** Heirloom originating from the Great Plains. Orange, globed fruit, 8-10cm across with highly flavoursome sweet / acid taste. 90-105 days. 125 seeds

**NEW BIG DWARF** Heirloom dating back to 1910 & first introduced by Isabell's Seed Company. Pink, beefsteak type fruit to 10cm across with sweet flavour & meaty flesh. Compact plant has deeply crinkled foliage which offers good protection from leaf scald. Medium

sized bush to 75cm high has strong central stem which keeps plant upright. 75-80 days. 150 seeds

**OXHEART RED** Heirloom. Red, solid, heart shaped fruit with thick flesh. Excellent flavour. Bush 1.2-1.8m high. High yields. Good variety for cooler areas; but does well in all areas. 80-90 days 160 seeds

**OXHEART YELLOW** Heirloom. Yellow/orange, solid, heart shaped fruit with thick flesh. Excellent flavour. Bush 1.2-1.8m high. High yields. Good variety for cooler areas; but does well in all areas. 80-90 days. 160 seeds

**OXHEART WHITE** Heirloom. Cream to light yellow, solid, heart shaped fruit with thick flesh. Excellent flavour. Bush 1.2-1.8m high. High yields. Good variety for cooler areas; but does well in all areas. 80-90 days. 80-seeds

**PEARLY PINK CHERRY** Attractive, dark pink, slightly egg shaped fruits to 3cm across produced in clusters. Excellent flavour. 77 days. 150 seeds

**PICARDY** Heirloom dating back to 1890's. Red, slightly flattened, globe shaped fruit to 150g on large, climbing vine. Produces large initial set of fruit & will continue to produce until first frost. 76 days. 125 seeds

**PINEAPPLE** Heirloom originating from Kentucky. Very large, bright yellow, beefsteak type fruit with red stripes & centre. Up to 1kg. Sweet & juicy flavour. Hardy bush. 82 days. 150 seeds

**PINK CHERRY CLUSTER** Produces large bunches (100-150 tomatoes per bunch) of pink cherry sized, highly aromatic fruit with super sweet, fruity flavour. Early to mature. Extremely high yields. 75 days. 80 seeds

**PINK PING PONG** Rosy pink fruits same size as a ping pong ball. Tender skin, & very sweet. High yields produced over a long period. 75-85 days. 180 seeds

**PRINCIPE BORGHESE** Heirloom. Red, plum shaped fruits to 60g, with pointed end, produced in clusters on bush best staked. Plant height to 100cm. Meaty flesh, little juice & few seeds. Ideal for drying - branches and clusters may be hung to dry until leathery. Originating in Italy. 70-75 days. 160 seeds

**RAMS HORN** Red, medium sized, elongated fruit with small ridges & curved ends. Tolerant of wide range of conditions. Disease resistant. 120 seeds

**RED CHERRY COCKTAIL** Heirloom. Small, round, red fruits 2.5cm wide, produced in clusters. Produces over a long period. High yields. Popular variety. 150 seeds

**RED CLOUD** Medium, red, slightly pointed fruit. High yields. Best suited to warm conditions. 80-90 days. 150 seeds

**RED FIG** Rare American heirloom, named after a sugary sweet which was popular during the mid 1800's. Historically, they were dried before being stored & used during the winter as a substitute for figs. Small, bright red fruit to 4cm across with very sweet skin. Rich, full tomato flavour. High yields. Eaten fresh or for use in jams & chutneys. 160 seeds

**RED PEAR** Italian heirloom dating back to 1700's. Small, red, pear-shaped fruit produced on clusters. Richer flavour than yellow variety. Produces over a long period. May be eaten raw in salads, cooked, or preserved & as pickles. 70-80 days. 150 seeds

**RED RUSSIAN** Heirloom. Round, reddish fruit 4-6cm wide, with rich, red flesh. Requires staking. Excellent for eating fresh in salads or cooked. Excellent flavour. 80-95 days. 120 seeds

**REISETOMATE** Heirloom from Central America also known as 'Traveller' tomato as people on a journey could break off bits at a time to eat like a mandarin. Unusual and attractive red tomato with the appearance of a handful of cherry tomatoes fused together into one. Plant to 1.5m high. 90 days. 150 seeds

**ROSE QUARTZ MULTIFLORA** Small, pink, cherry fruit produced on trusses. Early variety. 200 seeds

**ROUGE DE MARMANDE** Heirloom variety first introduced in the early 1900's. Large flat & ribbed fruit with mostly flesh. Excellent flavour. Early to mature. Prolific with high yields. Vigorous bush. Disease resistant. Recommended variety. 60-100 days. 150 seeds

**SAN MARZANO** Gourmet Italian tomato also known as 'Italian Canner'. Medium, pear shaped, intensely red fruit to 10cm long, produced in clusters on large, climbing vines. Stores well; crack resistant. Ideal for preserving or making pastes & sauces due to its high solids & rich flavour. 70-90 days. 200 seeds

**SOLDACKI** Polish heirloom dating prior to 1900. Dark pink, flattened fruit with thin skin to 500g. Flesh is firm & low in acid. 75 days. 120 seeds

**ST. PIERRE** Traditional French heirloom. Large, rich, deep red, round, full flavoured fruit to 10cm across. Low in acid. Great for fresh eating, slicing or preserving. Produces well even in harsh conditions. Great for cooler areas producing right up until first frost. A very popular European variety. 78 days. 60 seeds

**STOR GUL** Golden yellow - orange, medium sized fruit with smooth skin to 10cm across with rich, fruity flavour. Vigorous bush reaching up to 2.1m in height. High yields. 78-85 days. 150 seeds

**SUGAR LUMP** Also known as 'Gardener's Delight', 'Delice du Jardinier', or 'Jung's Sugar Lump'. First introduced in Germany in 1950 and named 'Benary's Gartenfreude'. Red, round, cherry type fruit to 2.5cm across produced in trusses containing 6-12 tomatoes. Rich, deep tomato flavour. Does well both outdoors and in greenhouse. Eaten fresh or preserved. 65 days. 180 seeds

**SUTTON WHITE** Old English variety dating back to 1920's. White to pale yellow, medium, irregular shaped, beefsteak type fruit to 350g. Sweet & fruity flavour. 72-78 days. 150 seeds

**TASMANIAN YELLOW** Large, bright yellow, beefsteak type fruit to 13cm across & up to 500g. Very sweet, slightly fruity, firm, flesh with numerous seed cavities. 80-90 days. 150 seeds

**TIGERELLA** Heirloom. Medium, red fruit with vertical, orange stripes. Tangy, tomato flavour. Heavy producer. 55-75 days. 150 seeds

**TOMMY TOE** Heirloom. Red, medium sized fruit, 2-4cm diameter, produced in bunches. Heavy producer over an extended season. Disease resistant. Vigorous plant requires staking. May also be used for rootstock. 70-80 days. 200 seeds

**TROPIC** Red, solid, smooth, flattened fruit with thick walls produced on large, strong vines. Resistant to disease. 80-85 days. 180 seeds

**VERNA ORANGE** Heirloom from Indiana. Very large, orange, oxheart shaped fruit to 1.5kg with dense, meaty flesh & few seeds. Very sweet flavour reminiscent of rockmelon. High yields. 80-100 days. 150 seeds

**WAPSINNICON PEACH** Rare heirloom. Yellow fruit to 5cm across with furry skin resembling a peach. Very sweet, delicious flavour. 170 seeds

**WONDER LIGHT** Siberian heirloom. Also known as 'Lemon Vine'. Attractive, yellow fruit resembling a lemon in size, shape and colour. 78 days. 135 seeds

**YELLOW PEAR** Heirloom dating back to late 1600's. Small, yellow, pear-shaped fruit produced on clusters; mild flavour. Produces over a long period. Heat resistant. May be eaten raw in salads, cooked, or preserved & as pickles. 70-80 days. 200 seeds

### HINT

Sprinkle kelp granules around the base of the tomato plant to increase root mass & the ability of the plant to withstand the cooler weather of oncoming winter.

## TURNIP

(Brassica rapa) Use roots cooked in stews, steamed, baked. Leafy tops also used in salads or steamed. Approx. 300-500 seeds / gram

SOW WHEN	SOIL TEMP
Cool: Mid Winter to Mid Spring; Mid Summer to Early Autumn	10-30°C
Warm: Mid Summer to Mid Autumn	
Tropical: Late Summer to Late Autumn	

**COMPANIONS**  
LIKES: Pea, Lettuce, Cucumber, Nasturtium

**GOLD BALL** Heirloom dating back to 1859. Also known as 'Orange Jelly'. Deep golden-yellow globes 7-10cm across, with sweet, mild flavour. Dark foliage. Stores well. Excellent variety. Golden colour will vary in intensity depending upon soil. 45-60 days. 600 seeds

**MILAN WHITE RED TOP** Flat, purplish red tops 10-12cm across, with white underneath. Flesh is pure white, well-grained, crisp & mildly pungent. High yields. Harvest whole plant (root & leaf) as baby vegetable, or harvest root when 5-7cm across for use in stews, steamed, or baked. 50 days. 1200 seeds

**NORFOLK GREEN COLLAR** British heirloom dating back to 18th century. Very large, round, white roots with green shoulders. 1400 seeds

**PURPLE TOP WHITE GLOBE** Heirloom introduced prior to 1870. Also known as 'Veitch's Red Globe'. Large, globe-shaped, white roots with purple top, and sweet, mild flavour. Stores well. 45-60 days. 1400 seeds

**SEVEN TOP** Heirloom dating back to 1881. Tender, mild green leaves high in calcium. Grown for leaves only - roots woody & may be used for livestock feed. Very hardy & tolerates a wide range of conditions & soil types. Harvest leaves from 15cm length. Use like spinach in salads, steamed, stir-fry etc. 45 days. 1200 seeds

## WATERMELON

(Citrullus vulgaris) Sow after frost. Approx. 6-10 seeds / gram

SOW WHEN	SOIL TEMP
Cool: Mid Spring to Early Summer	20-32°C
Warm: Early Spring to Early Summer	
Tropical: Mid Winter to Late Summer	

**COMPANIONS**  
LIKES: Corn, Peanut, Sunflower, Radish

**BLACKTAIL MOUNTAIN** Developed by Glenn Drowns owner of the Sand Hill Preservation Centre in Iowa during the 1970's. Dark green - blue melon to 30cm across with sweet, juicy, dense, red flesh & thin rind; reputed to 'melt in your mouth'. Early to mature; great for cool areas with short growing seasons, but also does well in hot areas being quite drought tolerant. 70-76 days. 35 seeds

**CHARLESTON ELITE** Long cylindrical fruit to 12kg with crisp, bright red flesh and excellent flavour. Seeds easy to remove. Resistant to bruising. 85-90 days. 18 seeds

**CHRIS CROSS** Rare heirloom from Iowa. Large, oval fruit to 10kg with attractive, pale green skin & jagged, dark green markings. Flesh is deep, rich red with excellent flavour & crispness. 85-90 days. 25 seeds

**CREAM OF SASKATCHEWAN** Rare, Russian heirloom. Pale green, round fruit up to 25cm across with dark green stripes. Thin rind & crisp, very sweet, creamy white flesh and black seeds. Handle with care due to thin skin. Highly attractive. Early variety; one of the best heirloom watermelons for short seasons. 73-85 days. 25 seeds

**CRIMSON SWEET** Large, round, light green melon with dark green stripes & firm, deep red flesh with high sugar content. Weighs 11-12kg. 85-90 days. 55 seeds

**GEORGIA RATTLESNAKE** American heirloom dating back to 1830's in Georgia. Oblong, light green fruit with dark green, snakeskin striping; up to 55cm long, 25cm across & weighing 14kg. Thin rind with bright red, firm & sweet flesh. 90 days. 22 seeds

**GOLDEN MIDGET** Small, golden yellow fruit to 1.5kg with salmon-pink, firm, sweet flesh & black seeds. A 'mini' watermelon, great for individual serves. Fruit is mature and ready to harvest when fruit & entire plant turns to yellow. Dates back to 1959. High yields with over 7 fruit per plant. Early harvest; great for cooler areas with short seasons. 65-70 days. 20 seeds

**HEIRLOOM MIX (Cool Areas)** Mix of various watermelon types most suited to cool areas with short growing seasons. Includes Cream of Saskatchewan, Golden Midget & Sugarbaby. 35 seeds

**HEIRLOOM MIX (Warm Areas)** Mix of various watermelon types most suited to warm areas with long growing seasons. Includes Crimson Sweet, Georgia Rattlesnake, Golden Midget, Jubilee, Moon & Stars & Klondike. 35 seeds

**JUBILEE** Large, oblong, striped fruit with dark green stripes & medium-thick rind. Flesh is firm, bright red & sweet with fine texture & large black seeds. 35 seeds

**MOON AND STARS** Rare heirloom rediscovered in 1910. Medium to large, dark green, oval

fruit covered with pea-sized bright yellow 'stars' and usually one larger 'moon'. Leaves are also spotted yellow. Sweet, pink flesh with brown seeds. Stores well due to thick skin. 3-4 fruit per plant. 90-100 days. 20 seeds

**MOUNTAIN SWEET YELLOW** Large, oval, dark & light green striped fruit to 16kg with dark yellow flesh & black seeds. Very sweet, mild flavour with hints of honey. High sugar content. High yields. 90-100 days. 25 seeds

**PETITE YELLOW** Highly attractive, small, light green melon with dark green jagged stripes to 3kg with aromatic, light, sweet, bright yellow flesh edible right down to the rind & few seeds. Early to mature; ideal for cool areas with short growing seasons. 65-78 days. 30 seeds

**SMALL SHINING LIGHT** Old Russian heirloom. Small, round, very dark green (almost black) melon to 25cm across with sweet, red flesh. Early to mature - ripens well in cold areas. Attractive foliage. Stores well. 80-90 days. 25 seeds

**SUGARBABY** Round/oval melons with dark-green rind with juicy sweet bright-scarlet flesh & firm texture. Very early variety. Suited to cooler climates. 80 days. 80 seeds

**SWEET DACOTA ROSE** Oval Shaped, striped fruit 5-10kg; with bright red flesh & thin skin. Excellent flavour; one of the sweetest open-pollinated melons on the market. High yields. Early to mature with 2-3 fruit per plant. Stores longer than most other melons. 80-82 days. 22 seeds

### HINT

To ripen last few melons before winter, wrap them in black cloth or aluminium foil to raise their internal temperature.

## ZUCCHINI

(Cucurbita pepo) Sow after frost. Approx. 5-8 seeds / gram

SOW WHEN	SOIL TEMP
Cool: Mid Spring to Early Summer	20-32°C
Warm: Early Spring to Mid Summer	
Tropical: Mid Winter to Early Autumn	

**COMPANIONS**  
LIKES: Bean, Mint, Nasturtium, Radish, Corn  
DISLIKES: Potato

**BLACK BEAUTY** Heirloom. Dark green, glossy fruit, 15-20cm in length & up to 5cm diameter. Popular variety. Creamy-white flesh. Produces early. Prolific. Good variety either cooked or frozen. 50-63 days. 45 seeds

**COCOZELLE** Italian heirloom. Compact bush. Italian zucchini; pale green, long, cylindrical fruit with dark green stripes. 30 seeds

**COSTATA ROMANESCO** Italian heirloom. Delicious nutty flavoured, pale-green fruit with slight ridges. Popular variety. May be used like regular zucchini, or picked when 15cm long with flowers attached & fried whole. 20 seeds

**EARLY PROLIFIC STRAIGHTNECK** Uniform yellow-lemon, slightly rough, club-shaped fruit. High yields. Harvest from 12cm. 35 seeds



**GOLDEN ARCH CROOKNECK** Heirloom dating back to 1781. Yellow zucchini, bottle-shaped with curved neck & cream-coloured flesh. Heavy yields. Pick when young from 15cm. 40-55 days. 45 seeds

**HEIRLOOM MIX** Mix of various colours, shapes & sizes of heirloom zucchini. Up to eight different varieties. 25 seeds

**KADISHA** Heirloom originally from the Kadisha Valley in Lebanon. Dark green, slightly mottled, rounded fruit. Lebanese type. Best picked young from 6cm across. 18 seeds

**RAMPICANTE (Climbing Zucchini)** (Cucurbita moschata) Italian heirloom. Also known as 'Little Trombone' or 'Climbing Zucchini' or 'Albenga Pumpkin'. When harvested young for use like zucchini, fruit is long, slender & green with flattened bulb at end & tender, mild flavoured flesh. Large yellow flowers are ideal for stuffing. When left to mature for use as pumpkin, brown, thin skinned fruit reaches up to 1m in length. Similar in appearance to regular 'Butternut' pumpkin, but with much longer neck. Ideal for cutting as seeds are only in the bulb at bottom. Trailing vine. 25 seeds

**RONDO DE NICE** French heirloom. Round zucchini with mottled green-yellow skin. Requires gentle handling as skin bruises easily. Excellent flavour. Quick growing. Heavy producer. Pick when young. Serve steamed at 3-4cm or stuffed at 10cm. 45 days. 15 seeds

**ROUND** French heirloom. Bush. Round egg-shaped zucchini with grey-green patchy skin, & creamy-yellow flesh; 6cm diameter. Great for use as 'baby' zucchini. Quick growing. Heavy producer. Pick when young. 45 days. 22 seeds

**YELLOW STRAIGHT NECK** Dates back to 1930. Pale yellow, club-shaped fruit, ripening to golden when mature. Pick from 15cm. 40-50 days. 45 seeds

---

*"It is my passion to open up to you the smorgasbord of seed available, to restore what an industrialised world has taken away, and to do this in the most natural way possible. I thank you for your support & wish for you a most abundant harvest."*

*Kerryn Martin  
Proprietor & Grower*